



FRIDAY 15TH JULY, 2022

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Alliance Challenge

The Alliance Challenge kicked off on Wednesday 6th July, where students worked in their form groups for a portion of the day on set tasks such as creating a cinquain poem, the Spelling Bee as well as designing a college flag with the theme being 'peace and harmony.' Students are enjoying the challenges so far, and making the most out of teamwork using everyone's skills to the best of their ability. We are all excited for the final results, which will be judged early next week.





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Virtual Asthma Workshop

MyHealth are running free online Asthma workshops via Zoom from 4:00 to 5:00pm on the following dates:

- Monday 1st August
- Wednesday 24th August

These sessions are for parents, guardians and carers who have children with Asthma. They are run by the Hillingdon Hospital asthma nurses giving you the chance to learn from health professionals and to ask them questions directly. Some of the content discussed in these sessions include Asthma attacks, Asthma triggers, inhaler techniques and Asthma action plans. For further information, please contact the MyHealth team on **01895 543 437** or at **nhsnwlccg.myhealth@nhs.net**. To register your free place, please visit [https://trhat.co.uk/asthmaworkshop22/].

Virtual Asthma W	orkshop'	5 4pm - 5	pm					
July August August September September 11th 1st 24th 12th 22nd CONTACT THE TEAM TO RESERVE YOUR PLACE O 01895 543 437 Inhsnwlccg.Myhealth@nhs.net								
WHAT'S INCLUDED IN THE WORKSHOP ?								
What to do if your child is having an Asthma attack	Inhaler Techniques	Myth Busting	Common Triggers	Asthma Plans	Q&A			

SESSION PRESENTED BY A HILLINGDON ASTHMA NURSE

PAGE 2 - De Salis Studio College News

Holiday Activity and Food Programme

Hillingdon's Holiday Activity and Food (HAF) Programme is a national initiative funded by the Department for Education (DfE) and managed locally by Hillingdon Council to enable children and young people to access free holiday provision over the summer period. It is open to those aged between 5 and 16 years old (including 4-year-olds if in Reception), and young people up to the age of 18 years old with Special, Educational, Needs and Disabilities (SEND) who are in receipt of Free School Meals. Through the programme, children and young people can develop new skills, take part in creative and physical activities, learn about food and cooking, and enjoy nutritious meals each day. To check whether your child qualifies for the HAF Programme, please visit (https:// www.hillingdon.gov.uk/article/9020/Information-for-parents]. For more details, please visit (https://www.desalisstudiocollege. co.uk/newsandevents/latest-news/holiday-activity-and-foodprogramme).

Recycle, Re-Use - College Uniform

As we head towards the end of the Summer Term, we are aware that there will be many students who will grow out of their college uniform and thus there will be many items of uniform that will no longer be worn. As a college, we continue to embed environmental awareness within our college community and kindly request that any unwanted items of uniform in wearable condition are donated to the College to support our campaign for green initiatives whilst helping our families in need of support. This will not only extend the lifespan of our uniform but also strengthen our green credentials whilst enabling us to support a recycling culture. For further details, please visit [https://www.desalisstudiocollege.co.uk/ parents-guardians-and-carers/hiddenarea/re-use-re-cycle].



A Level Results Day - Thursday 18th August

Students who are due to receive their A Level examination results on Thursday 18th August will need to collect these from the Post 16 Centre at Parkside Studio College between 9:00 and 11:00am. A letter outlining a more comprehensive insight into results collection will follow shortly.

	Week Commencing: <i>Monday 18th July</i> MENU 4			
MONDAY				
Meal Choice 1	Beef Lasagne with Fresh Salad		Halal	
Meal Choice 2	Spaghetti Bolognese	Halal		
Meal Choice 3	Spaghetti Bolognese		Non Halal	
Meal Choice 4	Mediterranean Pasta Bake Veg		Vegetarian	
Meal Choice 5	Bolognese with Gluten free Pasta		Gluten/Dairy Free	
Vegetables	Broccoli and Cauliflower Florets			
Dessert Choice	Raspberry Jelly Fresh Fruit and Yoghurts			
Please note that all main meals are served with Fresh Vegetables of the Day.				

Please note that all main meals are served with Fresh Vegetables of the Day. Homemade Soup of the Day and Baked Jacket Potato with Filling, are available daily

SPECIAL MENU

TUESDAY				
Meal Choice 1	Macaroni Cheese and Vegetables	Vegetarian		
Meal Choice 2	Baked Jacket Potato with Various Fillings	Vegetarian		
WEDNESDAY				
Meal Choice 1	Baked Jacket Potato with Various Fillings	Vegetarian		
THURSDAY				
Meal Choice 1	Chicken Sausages with Sliced Potatoes and Beans	Halal		
Meal Choice 2	Pork Sausages with Sliced Potatoes and Beans	Non Halal		
Meal Choice 3	Vegetarian Sausages with Sliced Potatoes and Beans	Vegetarian		
Meal Choice 4	Baked Jacket Potato with Various Fillings	Vegetarian		
FRIDAY				
Meal Choice 1	Fish Fingers with Oven Cooked Chips and Beans			
Meal Choice 2	Quorn Nuggets with Oven Cooked Chips and Beans	Vegetarian		
Meal Choice 3	Baked Jacket Potato with Various Fillings	Vegetarian		
The daily dessert choices will be as follows: Fresh Fruit, Yogurt, Jelly or Ice Cream pots				

GCSE Results Day - Thursday 25th August

Students who are due to receive their GCSE examination results on Thursday 25th August will need to collect these from De Salis between 9:00 and 11:00am. A letter outlining a more comprehensive insight into results collection will follow shortly.

Quote of the Week

"Fear is often our immediate response to uncertainty. There's nothing wrong with experiencing fear. The key is not to get stuck in it." - *Gabrielle Bernstein*

Calendar 7 1 2 3 13 14 15 11 20 20 20 11 20 21 21 20 20 20 20 21 28	A	UGUST 2022			
AUGUST					
Monday 1st		Virtual Asthma Workshop			
Friday 5th		End of Term			
Monday 8th to Friday 19th		College Closure			
Thursday 18th	9:00 to 11:00am	A Level Results Day			
Monday 22nd		Term Begins			
Wednesday 24th		Virtual Asthma Workshop			
Thursday 25th	9:00 to 11:00am	GCSE Results Day			