

Earth Day

On Friday 22nd April, De Salis celebrated Earth Day. Students delved into insightful documentaries about our earth and what we can do to make our earth greener. Students started with going meat free, where our student council asked parents, guardians and carers to refrain from packing a meat-based lunch for their child. Students went on to take part in a mini alliance challenge where each team created a presentation on how they can make the College greener, which we hope to implement.



Early May Bank Holiday

Please note that Monday 2nd May is the early May Bank Holiday therefore college will be closed. College will resume at the normal time of 8:45am on Tuesday 3rd May. Thank you.

Upcoming Enrichment Week

The next Enrichment Week will take place from Monday 9th through to Friday 13th May. In order to give Year 11 students every opportunity for success in their forthcoming public examinations, they will be invited to attend college during this time for both intervention classes and enrichment activities. Year 10 students who need to catch up on coursework will also be invited to attend for personalised support and also to take part in planned enrichment activities. Letters will be sent home to parents, guardians and carers, with full details of the intervention classes, activities and personalised support sessions in due course. However, if you have any questions or require any further information, please do not hesitate to contact the College on **020 3819 3421**.

Year 11 Prom - Payment Extension

In response to the interest shown for the Year 11 Prom this year, we have extended the deadline date for reply slips to be returned and for full payment to be made. Parents, guardians and carers are prompted to complete and return the reply slip accompanying the updated letter with details about the programme, no later than Friday 13th May to confirm your child's attendance. Tickets are still on sale via your child's iPayimpact account and full payment must be received by Monday 23rd May.

Please note, all attendees are advised to take a lateral flow test the evening before and the morning of the Prom. For further details, please read the full letter via (<https://bit.ly/3shVpNR>). Thank you.

Photography and Videography

A letter was distributed regarding the use of photography and videography by the Trust and external parties for the purpose of internal and external advertising. Should any parent, guardian or carer object to the above, please fill out the Permission Form via (<https://trhat.co.uk/opt-out-form/>).

Available Support Services


Maintaining good mental health is crucial to overall wellbeing. Fortunately, there are many support services available for children and young people. SSS Learning has produced a free resource designed to offer advice on how families can safeguard their children's mental health and promote their wellbeing. For 10 top tips on practical ways to positively promote your child's mental health, please visit (<https://ssscpd.co.uk/education/parentsandguardians/child-mental-health-10-tips-for-parents/-/pj==>). Kooth is a support service that provides ideas for relaxation and mindful activities to help reduce stress and anxiety, as well as offering emotional and mental health support; (<https://www.kooth.com/>). Additionally, YoungMinds is a national charity championing the emotional wellbeing and mental health of young people by offering support, advice and guidance to ensure they can access the right help; (<https://youngminds.org.uk/>).

	Week Commencing: Monday 2nd May MENU 2
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TUESDAY		
Meal Choice 1	Breaded Chicken Fillet with Boiled New Potatoes	Halal
Meal Choice 2	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	Halal
Meal Choice 3	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	Non Halal
Meal Choice 4	Creamy Pasta Bake	Vegetarian
Meal Choice 5	Lamb Patty with Rice	Gluten/Dairy Free
Vegetables	Peas and White Cabbage	
Dessert Choice	Chocolate Sponge	Fresh Fruit and Yoghurts
WEDNESDAY		
Meal Choice 1	Beef Meatballs in a Tomato Sauce with Spaghetti	Halal
Meal Choice 2	Chicken Carbonara with Spaghetti	Halal
Meal Choice 3	Chicken Carbonara with Spaghetti	Non Halal
Meal Choice 4	Quorn Mince Balls in a Tomato Sauce with Spaghetti	Vegetarian
Meal Choice 5	Baked Jacket Potato with Salad and Beans	Gluten/Dairy Free
Vegetables	Sweetcorn and Green Beans	
Dessert Choice	Fruit Tarts	Fresh Fruit and Yoghurts
THURSDAY		
Meal Choice 1	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	Halal
Meal Choice 2	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	Non Halal
Meal Choice 3	Vegetable Tart	Vegetarian
Meal Choice 4	Roast Chicken with Roast Potatoes and Gluten free Gravy	Gluten/Dairy Free
Vegetables	Roast Carrots and Green Cabbage	
Dessert Choice	Vanilla Cheesecake	Fresh Fruit and Yoghurts
FRIDAY		
Meal Choice 1	Fish Fingers or Battered Chicken with Oven Baked Potato Wedges	
Meal Choice 2	Beef Casserole with Rice	Halal
Meal Choice 3	Vegetable and Cheese Pasta Bake	Vegetarian
Meal Choice 4	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/Dairy Free
Vegetables	Peas and Sweetcorn	
Dessert Choice	Apple Pie	Fresh Fruit and Yoghurts
Please note that all main meals are served with Fresh Vegetables of the Day. Homemade Soup of the Day and Baked Jacket Potato with Filling, are available daily		

Quote of the Week

"Don't try to have it all figured out all the time. Half of my journey has been learning to own up to my flaws and mistakes with a sense of humor and grace for myself." - Mel Robbins



May to July 2022

MAY		
Monday 2nd		Bank Holiday (May Day) - College Closure
Monday 9th to Friday 13th		Enrichment Week
Friday 13th		Prom Payment Deadline
JUNE		
Thursday 2nd		Spring Bank Holiday
Friday 3rd		Queen's Platinum Jubilee - College Closure
Monday 20th June to Friday 1st July		College Closure
JULY		
Monday 4th		College Resumes
Friday 15th	7:00pm to 12:00am	Year 11 Prom