DE SALIS STUDIO COLLEGE
Hewens Road,
Hayes, Middlesex, UB4 8JP

COLLEGE NEWS

Friday 23rd October 2026

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Staff Well-being Week

Last week, De Salis held Staff Wellbeing Week, bringing colleagues together for a programme of activities focused on supporting wellbeing, strengthening relationships and taking time to connect.

Throughout the week, staff enjoyed a range of activities, including wellbeing talks, a shared breakfast, a games night and a dedicated wellbeing session. A student-led assembly also formed part of the programme, highlighting the importance of wellbeing across our College community.













The week also provided an opportunity to reflect on how we can better support students' emotional wellbeing, recognising the important role staff play in creating a positive, supportive and inclusive learning environment.

By prioritising the wellbeing of both staff and students, we continue to strengthen a College community where everyone feels valued, supported and able to thrive.











The week reinforced the importance of looking after ourselves and one another, while recognising that positive wellbeing is essential to learning, personal development and success. It also highlighted how small, everyday acts of kindness, understanding and encouragement can make a meaningful difference to the wellbeing of those around us.

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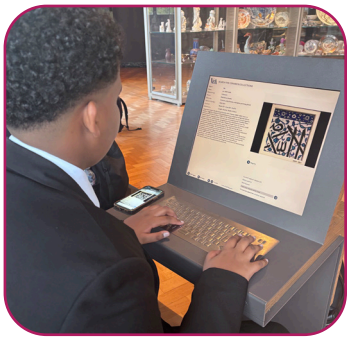
Year 9 Trip to the V&A and Natural History Museum

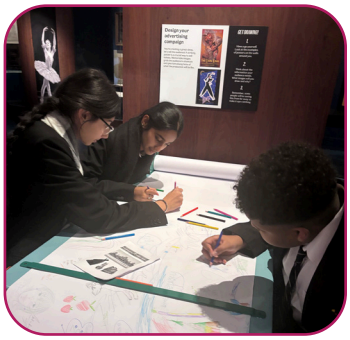
On Tuesday 20th October, Year 9 students enjoyed a visit to London's Victoria and Albert Museum (V&A) and the Natural History Museum, exploring two of the capital's most fascinating cultural attractions.

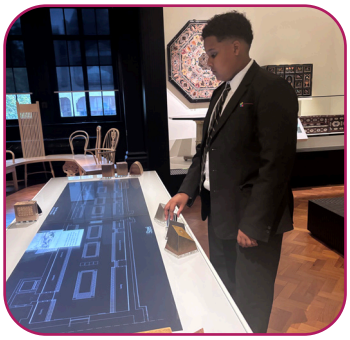
At the V&A, the group discovered collections showcasing art, design and creativity from around the world. The impressive displays of fashion, sculpture, ceramics and decorative arts offered an insight into how creativity and design have evolved across different cultures and historical periods. Meanwhile, the Natural History Museum offered an opportunity to explore the wonders of the natural world, from prehistoric life to the diversity of species on Earth.

The trip combined art, science and discovery, encouraging curiosity and providing a memorable opportunity to explore learning beyond the classroom.











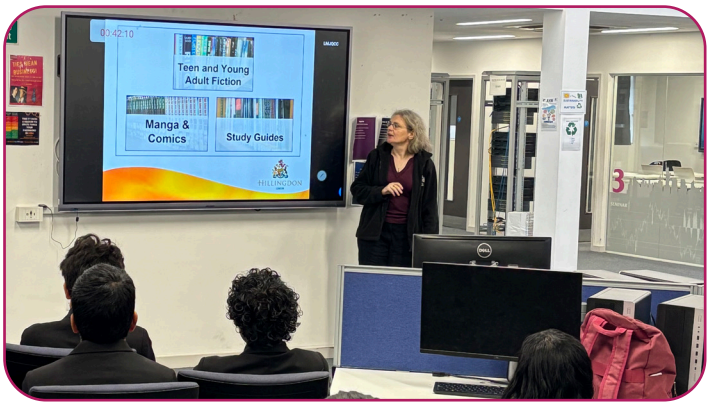


Hayes End Library Visit

To round off the half term, De Salis welcomed a representative from Hayes End Library to speak with students about the services, resources and opportunities available through their local library.

The talk highlighted the benefits of reading for pleasure, encouraged students to explore different books and introduced the ways libraries can support learning, creativity and personal interests.

The session was a useful reminder of the resources available within our local community and the importance of developing a positive reading culture.





Free Family Breakfasts This October Half-Term

Families across Hillingdon can enjoy a free breakfast together this October half-term thanks to a partnership between Morrisons Cafés and Kellogg's.

From Monday 12th October 2026 to Sunday 1st November 2026, all family members can access a complimentary breakfast at participating Morrisons Cafés nationwide. The offer includes:

A bowl of Kellogg's Corn Flakes or Rice Krispies

A choice of dairy or non-dairy milk

A piece of fruit (apple or banana)

This initiative provides a great opportunity for families to enjoy a nutritious breakfast together during the college holidays, helping to support children and young people while offering valuable assistance to households during the break.

No booking is required. Families can simply visit a participating Morrisons Café during the offer period and enjoy this free breakfast provision.

We encourage all families who may benefit from this opportunity to take advantage of the offer over the October half-term holiday.

For more information, please see our website: https://www.therosedalehewensacademytrust.co.uk/news-and-events-1/latest-news/free-breakfasts-at-morrisons-cafes



Quote of The Week

"Courage doesn't always roar. Sometimes courage is the quiet voice at the end of the day saying, 'I will try again tomorrow.'"

— Mary Anne Radmacher

Staying Safe During the Darker Evenings

As the evenings become darker, it is important that we all take a few extra steps to ensure students remain safe when travelling to and from the College.

We encourage parents, carers and students to follow these simple safety reminders:

- Plan ahead – Discuss safe routes to and from the College.
- Walk together – Travel with friends where possible.
- Stay visible – Use well-lit main roads and pathways.
- Stay alert – Be aware of your surroundings and avoid distractions from mobile phones and headphones.
- Speak up – Talk to a trusted adult if you have any concerns about your safety.

Small conversations and forward planning can make a big difference. As we move into the winter months, we encourage all families to work together to help keep our young people safe.



Dates for the Diary



October and November 2026

OCTOBER	
Monday 26th	Enrichment Week commences
Thursday 29th	Bushy Park Trip
Friday 30th	Narrow Boat Trip
NOVEMBER	
Monday 2nd	Students return to College
Tuesday 3rd	Post 16 Open Evening