

Welcome Back

We were delighted to welcome students and staff back to De Salis for the start of another academic year. It has been wonderful to see everyone settling back into College life with enthusiasm and a positive attitude.

Our Studio College ethos and 6Rs – Responsible, Resilient, Respectful, Reflective, Resourceful and Rational – continue to underpin everything we do, supporting students to develop the skills, attitudes and confidence they need to succeed both in their learning and beyond.

We look forward to another positive year of learning, opportunities and achievements across the De Salis community.

Academic Tutoring

The new academic year began with our Academic Tutoring appointments, giving students, parents, guardians and carers the opportunity to meet with tutors and discuss progress, individual goals and priorities for the year ahead.

These meetings are an important part of our approach, strengthening the partnership between home and De Salis and ensuring students have the support and guidance they need for a positive start to the year.

Parents, guardians and carers who would like an electronic copy of their child's report are asked to email De Salis to request this.



Staff INSET



Ahead of welcoming our students back for the new academic year, staff came together for two dedicated INSET days focused on professional development, preparation and our priorities for the year ahead.

Training included the introduction of our new Management Information System (MIS), alongside a strong focus on inclusive and adaptive teaching. Colleagues explored strategies for responding to individual learning needs and ensuring lessons are accessible, engaging and appropriately challenging for everyone.

The programme also explored metacognition, considering how we can help students understand their own learning, develop effective strategies and become more confident and independent learners.

The two days provided valuable time for colleagues to collaborate, reflect on practice and prepare for a positive and purposeful start to the new academic year.

Home Start Hillingdon - Family Support Volunteers Needed:



**Family Support Volunteers
Needed**

**Are you a parent or
grandparent?**

**Do you have 2-3 hours a
week to spare?**

Next Volunteer Course Starts: 8th October 2026

**6 Sessions on Thursdays 9:30am-2:00pm
(term time only)**

www.therosedalehewensacademytrust.co.uk

Home Start Hillingdon is a local charity that supports families with young children who are facing challenges such as isolation, poor mental health, financial pressures, and difficulties managing day-to-day family life.

Home Start Hillingdon are currently recruiting new volunteers and their exceptional 6-week training course, ongoing support, and thorough safety plans enable volunteers to feel safe and empowered to enable change for struggling families in Hillingdon. Volunteers say that their development programme has helped them achieve personal goals, including confidence building, upskilling, offering effective support, and knowledge of local services.

As a volunteer, you will support families experiencing challenges such as mental health difficulties, disability, multiple births, or social isolation. You will visit the family once a week for 2 to 3 hours over a period of up to six months, providing emotional support, practical assistance, and encouragement. By building a trusting relationship, you will help parents develop confidence, strengthen their support networks, and access relevant local services and community resources to improve their wellbeing and family life.

Every volunteer helps ensure that local children and families receive the practical and emotional support they need to give their children the best possible start in life.

For more information visit: <https://www.therosedalehewensacademytrust.co.uk/news-and-events/latest-news/home-start-hillingdon>

Togetherness - Free online learning platform for Parents, Guardians and Carers:

We are pleased to share information about Togetherness, a free online learning platform that helps parents, guardians and carers build emotional wellbeing, confidence and positive relationships. Through a range of expert-led learning pathways, Togetherness provides practical advice and support on topics including child development, behaviour, special educational needs and disabilities (SEND), adolescent mental health, emotional resilience, and family relationships. Based on NHS-backed approaches, the programme offers accessible guidance that can help families navigate everyday challenges and support children to thrive both at home and in school. As part of the initiative available to local residents, families can access these valuable resources free of charge, helping to strengthen wellbeing and create healthier, happier communities.

For more information visit: <https://www.therosedalehewensacademytrust.co.uk/news-and-events-1/latest-news/togetherness>



**Emotional resilience for
the everyday**

**From understanding to
thriving: for everyone.**

Ideas proven to make a difference for emotional wellbeing and build children's confidence and kindness.



togetherness.co.uk

Online learning pathways for your parenting journey and important relationships.

- Antenatal and postnatal learning pathways for the foundations of emotional health
- Children's early development and behaviour
- Special educational needs and disabilities (SEND)
- Adolescence and young people's mental health
- Adult emotional health including trauma

For healthier relationships and happier lives.

Residents of **HILLINGDON**

In paid partnership with:  **HILLINGDON**

 **BEST START IN LIFE**

For free access, use access code: **LEARNTOGETHER**

Quote of The Week

"The beautiful thing about learning is that no one can take it away from you." - B. B. King