

Achievement Assembly

Achievement assembly is always a memorable moment at De Salis, and this year was no exception where we saw many of our students receiving not only one or two awards but as many as six awards! Teachers wrote kind and encouraging citations which were read to the students before handing over their awards. The Achievement assembly also saw students in Year 11 receive their Work Experience awards from organisations such as The London Borough of Hillingdon and Allianz Insurance PLC, who showed their gratitude for our students' work ethic whilst taking part in virtual work experience. Well done everyone!



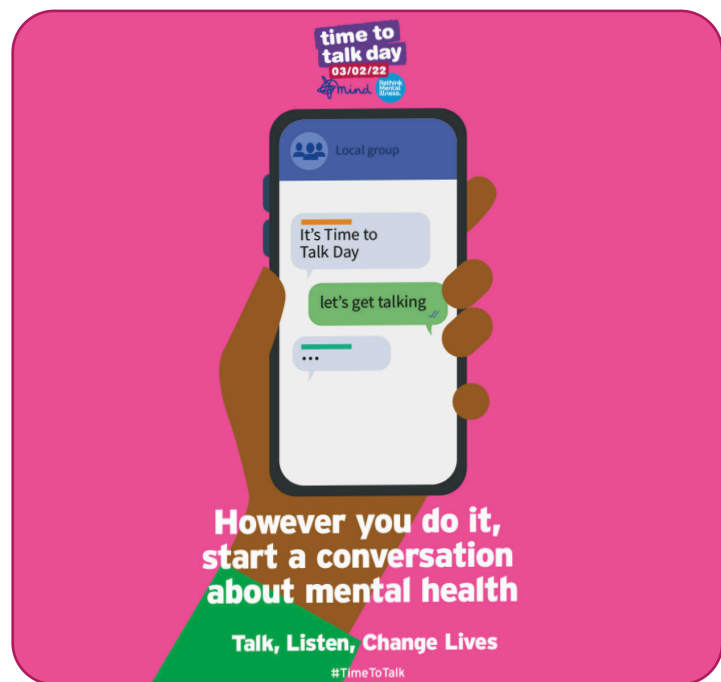


LAUNCH OF NEW WEBSITE

Please note, we have launched a new website and restructured the site to improve accessibility to our content. Although it may look slightly different, you will still be able to navigate the pages and find all the relevant information found on our previous website, and more. In the meantime, please feel free to browse through our social media channels that can be accessed directly at the top of the page. There will be more information to follow in the forthcoming weeks.

PAGE 2 - De Salis Studio College News

Time to Talk Day and Children's Mental Health Week



For many, it is hard enough to experience mental health problems without having to face the judgement and isolation that often surrounds them. As such, in order to end mental health discrimination, Mind, a mental health charity who provide advice and support to empower anyone experiencing a mental health problem, will run the nation's biggest mental health conversation for Time to Talk Day on Thursday 3rd February. Friends, families, communities and workplaces can come together to talk, listen and change lives. No one should have to face a mental health problem alone, so join Mind and take part in the day via (<https://timetotalkday.co.uk/>). The following week will be observed as Children's Mental Health Week under the theme 'Growing Together'. This is a national event to shine a spotlight on the importance of children and young people's mental health. The week-long event will encourage children and young people to consider how they have grown and how they can help others grow. Challenges and setbacks help us adapt and trying new things can also take us beyond our comfort zone into a new realm of possibility and potential. However, this is often a gradual process that happens over time and sometimes we might feel 'stuck'. Please take a look at the useful information and support links provided on the College's Mental Health and Well-Being page to support you or someone you care about via (<https://www.desalisstudiocollege.co.uk/211/mental-health-and-wellbeing>).

Enrichment Week

Please be reminded that Monday 7th through to Friday 11th February is Enrichment Week. Students in Years 9, 10 and 11 will be invited to attend if they need to catch up on their coursework. Letters will be sent home to parents, guardians and carers, informing them of what the week will entail, from intervention classes to exciting activities to catch-up sessions. If you have any questions or require any further information, please do not hesitate to contact the College on 020 3819 3421.

	Week Commencing: <i>Monday 31st January</i>
MENU 4	

MONDAY		
Meal Choice 1	Beef Lasagne with Fresh Salad	Halal
Meal Choice 2	Spaghetti Bolognese	Halal
Meal Choice 3	Spaghetti Bolognese	Non Halal
Meal Choice 4	Mediterranean Pasta Bake	Vegetarian
Meal Choice 5	Bolognese with Gluten free Pasta	Gluten/Dairy Free
Vegetables	Broccoli and Cauliflower Florets	
Dessert Choice	Raspberry Jelly	Fresh Fruit and Yoghurts
TUESDAY		
Meal Choice 1	Chicken Sausages with Mashed Potatoes and Onion Gravy	Halal
Meal Choice 2	Beef Tikka Masala with Rice	Halal
Meal Choice 3	Beef Tikka Masala with Rice	Non Halal
Meal Choice 4	Vegetarian Sausages with Mashed Potatoes and Onion Gravy	Vegetarian
Meal Choice 5	Gluten free Pork Sausages with Mashed Potatoes without Milk or Butter	Gluten/Dairy Free
Vegetables	Carrots and Green Cabbage	
Dessert Choice	Jam and Coconut Sponge	Fresh Fruit and Yoghurts
WEDNESDAY		
Meal Choice 1	Chicken New Yorker with Jacket Potato	Halal
Meal Choice 2	Diced Lamb with Noodles and Vegetable Stir Fry	Halal
Meal Choice 3	Diced Lamb with Noodles and Vegetable Stir Fry	Non Halal
Meal Choice 4	Vegetable Stir Fry with Noodles	Vegetarian
Meal Choice 5	Diced Lamb with Vegetable Stir Fry	Gluten/Dairy Free
Vegetables	Sweetcorn and Green Beans	
Dessert Choice	Vanilla Ice Cream with Peaches	Fresh Fruit and Yoghurts
THURSDAY		
Meal Choice 1	Mexican Chilli Mince Wraps	Halal
Meal Choice 2	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	Halal
Meal Choice 3	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	Non Halal
Meal Choice 4	Cheese and Onion Tart	Vegetarian
Meal Choice 5	Roast Chicken with Roast Potatoes and Gluten free Gravy	Gluten/Dairy Free
Vegetables	Peas and White Cabbage	
Dessert Choice	Chocolate Sponge	Fresh Fruit and Yoghurts
FRIDAY		
Meal Choice 1	Fish Cakes with Potato Wedges	
Meal Choice 2	Fish Fingers with Potato Wedges	
Meal Choice 3	Macaroni Cheese	Vegetarian
Meal Choice 4	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/Dairy Free
Vegetables	Roast Carrots and Cauliflower	
Dessert Choice	Custard Tart	Fresh Fruit and Yoghurts
Please note that all main meals are served with Fresh Vegetables of the Day. Homemade Soup of the Day and Baked Jacket Potato with Filling, are available daily		

Coronavirus Testing

Please be reminded, it is still the responsibility of the students to perform the coronavirus Lateral Flow Tests twice weekly using the self-test kits distributed in college. After receiving your result, please register this via the government website as well as through the College using this link: (<https://trhat.co.uk/covidtestresults-ds/>).



February 2022

FEBRUARY		
Tuesday 1st	4:00 to 5:00pm	After College Clubs
Thursday 3rd	Time to Talk Day	
Monday 7th to Friday 11th	Enrichment Week	