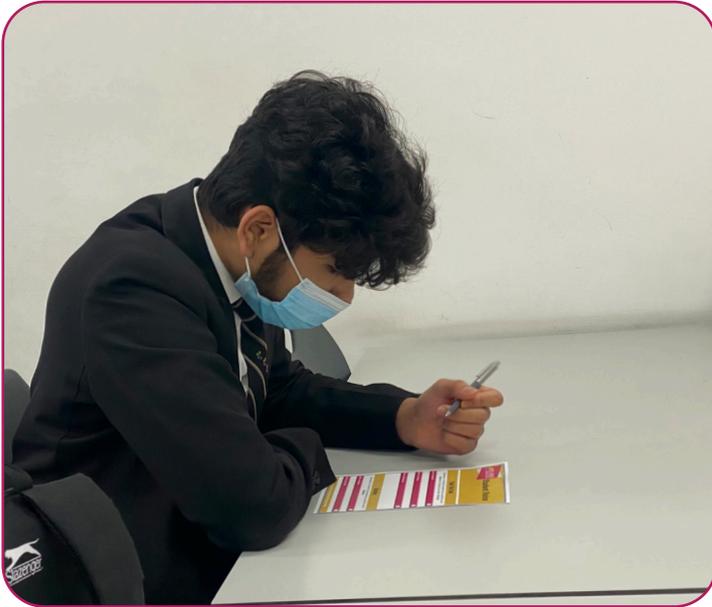




Student Voice Election Winners

After a busy week of campaigning, we saw Years 9, 10, 11 and Post 16 cast their votes for who they want to see elected as Student Voice Chair, Vice Chair and Secretary. As votes were counted, it was clear to see who came out on top and we are pleased to announce Najma Abdi as Student Voice Chair, Umar Ishtiaq as Vice Chair and Leo Khawam as Secretary. We also want to congratulate Nikita Solovjov, our new Social Media Representative. We applaud all applicants for their strength and courage to campaign to their fellow classmates and look forward to working with them on all future college endeavours.



Emergency Contacts

In the best interest of your child's wellbeing whilst at college, it is vitally important, that in the event of an emergency, we are able to make contact with you or another emergency contact, as quickly as possible. To this end, we would like to remind all parents, guardians and carers to keep your contact details updated with the College and to ensure that you provide up-to-date details of at least two other emergency contacts for your child. Thank you.

Precautionary Measures for Coronavirus

As a result of the Prime Minister's plans to end Plan B restrictions, a number of changes have been made to the current coronavirus (COVID-19) measures implemented within the Trust following his announcement on Wednesday 19th January.

Face masks are no longer required in classrooms for students, however individuals will still be recommended to wear them in enclosed or private spaces. The current rule also requires everyone aged 11 or over to wear face masks in most public indoor venues and on public transport. As such, we strongly suggest that parents, guardians and carers supply their children with at least three masks to carry with them at all times in case of loss.

A new national approach to daily testing for contacts of COVID-19 has been introduced. All adults who are fully vaccinated and children aged 5 to 18 years and 6 months, identified as a contact of someone with COVID-19 should take a lateral flow device (LFD) every day for 7 days instead of self-isolating. Additionally, the 10-day self-isolation period for those who record a positive polymerase chain reaction (PCR) test result for COVID-19 has now been reduced to 5 days in most circumstances. For further information, please read the letter that was distributed via (<https://trhat.co.uk/letterc-covidupdate190122/>).

Time to Talk Day and Children's Mental Health Week

For many, it is hard enough to experience mental health problems without having to face the judgement and isolation that often surrounds them. As such, in order to end mental health discrimination, Mind, a mental health charity who provide advice and support to empower anyone experiencing a mental health problem, will run the nation's biggest mental health conversation for Time to Talk Day on Thursday 3rd February. Friends, families, communities and workplaces can come together to talk, listen and change lives. No one should have to face a mental health problem alone, so join Mind and take part in the day via (<https://timetotalkday.co.uk/>).

The following week will be observed as Children's Mental Health Week under the theme 'Growing Together'. This is a national event to shine a spotlight on the importance of children and young people's mental health. The week-long event will encourage children and young people to consider how they have grown and how they can help others grow. Challenges and setbacks help us adapt and trying new things can also take us beyond our comfort zone into a new realm of possibility and potential. However, this is often a gradual process that happens over time and sometimes we might feel 'stuck'. Please take a look at the useful information and support links provided on the College's Mental Health and Well-Being page to support you or someone you care about via (<https://www.desalisstudioscollege.co.uk/211/mental-health-and-wellbeing>).

 Week Commencing: Monday 24th January MENU 3	
MONDAY	
Meal Choice 1	Chilli Con Carne with Pitta Bread or Rice Halal
Meal Choice 2	Chicken Sausages with Mashed Potatoes and Onion Gravy Halal
Meal Choice 3	Chicken Sausages with Mashed Potatoes and Onion Gravy Non Halal
Meal Choice 4	Vegetarian Sausages with Mashed Potatoes and Onion Gravy Vegetarian
Meal Choice 5	Gluten free Pork Sausages with Mashed Potatoes without Milk or Butter Gluten/Dairy Free
Vegetables	Carrots and Green Cabbage
Dessert Choice	Orange Jelly <i>Fresh Fruit and Yoghurts</i>
TUESDAY	
Meal Choice 1	Chicken Tikka Masala with Rice Halal
Meal Choice 2	Beef Lasagne with Fresh Salad Halal
Meal Choice 3	Beef Lasagne with Fresh Salad Non Halal
Meal Choice 4	Vegetarian Lasagne with Fresh Salad Vegetarian
Meal Choice 5	Minced Beef with Gluten free Pasta Gluten/Dairy Free
Vegetables	Broccoli and Cauliflower Florets
Dessert Choice	Chocolate Mousse <i>Fresh Fruit and Yoghurts</i>
WEDNESDAY	
Meal Choice 1	Lamb Koftas with Rice and a Yogurt and Cucumber Dip Halal
Meal Choice 2	Barbecue Grilled Chicken Breast with Rice Halal
Meal Choice 3	Barbecue Grilled Chicken Breast with Rice Non Halal
Meal Choice 4	Chickpea and Lentil Curry Vegetarian
Meal Choice 5	Barbecue Grilled Chicken Breast with Rice Gluten/Dairy Free
Vegetables	French Beans and Sweetcorn
Dessert Choice	Apple Crumble <i>Fresh Fruit and Yoghurts</i>
THURSDAY	
Meal Choice 1	Cajun Chicken in a Ciabatta Roll with Oven Cooked Potato Slices and Tomato Salsa Halal
Meal Choice 2	Cajun Chicken in a Ciabatta Roll with Oven Cooked Potato Slices and Tomato Salsa Non Halal
Meal Choice 3	Roast Mediterranean Vegetables in Pitta Bread with Oven Cooked Potato Slices and Tomato Salsa Vegetarian
Meal Choice 4	Cajun Chicken with Oven Cooked Potato Slices and Tomato Salsa Gluten/Dairy Free
Vegetables	Baby Carrots and Peas
Dessert Choice	Vanilla Sponge with a Pineapple Ring and a Cherry <i>Fresh Fruit and Yoghurts</i>
FRIDAY	
Meal Choice 1	Fish Fingers with Oven Baked Potato Wedges
Meal Choice 2	Salmon and Dill Fishcakes with Potato Wedges
Meal Choice 3	Chicken Fillet with Potato Wedges Halal
Meal Choice 4	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans Gluten/Dairy Free
Vegetables	Broccoli and Mushy Peas
Dessert Choice	Chocolate Brownie Tray Bake <i>Fresh Fruit and Yoghurts</i>
<i>Please note that all main meals are served with Fresh Vegetables of the Day. Homemade Soup of the Day and Baked Jacket Potato with Filling, are available daily</i>	

Coronavirus Testing

Please be reminded, it is still the responsibility of the students to perform the coronavirus Lateral Flow Tests twice weekly using the self-test kits distributed in college. After receiving your result, please register this via the government website as well as through the College using this link: (<https://trhat.co.uk/covidtestresults/>).

 January 2022		
JANUARY		
Monday 24th to Friday 28th	10:00am to 3:00pm	Certificate Collection
Tuesday 25th	4:00 to 5:00pm	After College Clubs