

## Easter Achievement Assembly

The Year 9 students at De Salis Studio College recently hosted their Easter Extravaganza event, where parents, guardians, carers, staff and students, came together to celebrate the season. Attendees enjoyed a delightful selection of Easter themed treats, including cakes, milkshakes and unique handmade jewellery. The event provided a festive atmosphere for everyone to indulge, socialise and celebrate together! We are looking forward to the next Year 9 entrepreneur event.



## Managing Exams and Self-Care

As exam season approaches, it's important to take care of both your mental and physical well-being. To help you navigate this challenging time, Young Minds has compiled a list of valuable tips for managing exams and maintaining self-care. Visit our website to find out more:

<https://www.therosedalehewensacademytrust.co.uk/tips-for-managing-exams-and-self-care>

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## Managing Exams and Self-Care

Create a Study Schedule

Take Regular Breaks

Stay Active

Eat Well

Practice Relaxation Technique

Stay Positive

## LEADING PARENT PARTNERSHIP AWARD

**PARENTS COFFEE MORNING**

We are excited to announce that we will be hosting a parents coffee morning in the coming weeks. We will be working with organisations such as the Local Authority, Citizens Advice and the NHS Mental Health Support Team who will be in attendance to answer any questions you may have. Date to be announced soon!

**DE SALIS STUDIO COLLEGE NEEDS YOU!**

We would like to reach out to parents, guardians and carers to ask if you have any skills and / or knowledge that you feel would be beneficial and enriching to share with our students here at De Salis. If so, we would love to hear from you. Please contact us by email at: [dealsalstudiocollege@trhat.org](mailto:dealsalstudiocollege@trhat.org)

**END OF TERM ACHIEVEMENT ASSEMBLY**

The De Salis Studio College end of term Achievement Assembly will be taking place on Friday 4th April 2025. We invite parents, guardians and carers to join us in celebrating our students outstanding achievements. A letter with details of this event will follow shortly!

**RECENT SURVEY**



**SCAN ME!**

LEADING PARENT PARTNERSHIP AWARD  
LPPA

### Targeted Team Holiday Offer

The Hillingdon Youth Offer's Targeted Team is offering a fun-filled programme during the Easter school holiday for the enjoyment and growth of children and young people in Hillingdon. Across the action-packed days, expect activities ranging from photography, exploring local heritage sites, creative arts, sports to cooking aimed at fostering fun, creativity, teamwork skills and improved well-being. This is a fantastic opportunity for our young residents to learn new skills, make friends, and create lasting memories. Visit our website for more information: <https://www.therosedalehewensacademytrust.co.uk/dosomethingthisholiday-easter-2025>



**#DOSOMETHINGTHISHOLIDAY**



**TARGETED TEAM - HOLIDAY OFFER**





Week Commencing: *Monday 21st April 2025*

## MENU 1

MONDAY		
Meal Choice 1	Lamb Curry with Rice	Halal
Meal Choice 2	Teriyaki Chicken with Rice	Halal
Meal Choice 3	Teriyaki Chicken with Rice	Non Halal
Meal Choice 4	Baked Jacket Potato with Various Fillings	Vegetarian
Meal Choice 5	Gluten free Chicken Goujons with Potatoes and Beans	Gluten/Dairy Free
Vegetables	Sweetcorn and Green Beans	
Dessert Choice	<i>Strawberry Ice Cream and Fresh Strawberries</i>	<i>Fresh Fruit and Yoghurts</i>
TUESDAY		
Meal Choice 1	Spaghetti Bolognese	Halal
Meal Choice 2	Tandoori Chicken Breast with White Rice	Halal
Meal Choice 3	Tandoori Chicken Breast with White Rice	Non Halal
Meal Choice 4	Ratatouille Spaghetti	Vegetarian
Meal Choice 5	Bolognese with Gluten free Pasta	Gluten/Dairy Free
Vegetables	Carrots, Peas and White Cabbage	
Dessert Choice	<i>Jam Sponge</i>	<i>Fresh Fruit and Yoghurts</i>
WEDNESDAY		
Meal Choice 1	Tuna Pasta Bake	
Meal Choice 2	Chicken Tikka Masala with Rice	Halal
Meal Choice 3	Chicken Tikka Masala with Rice	Non Halal
Meal Choice 4	Macaroni Cheese	Vegetarian
Meal Choice 5	Lightly Spiced Chicken Breast with Rice	Gluten/Dairy Free
Vegetables	Broccoli and Cauliflower Florets	
Dessert Choice	<i>Lemon Tart</i>	<i>Fresh Fruit and Yoghurts</i>
THURSDAY		
Meal Choice 1	Mexican Chilli Mince Wraps	Halal
Meal Choice 2	Roast Turkey with Onion Gravy, Roast Potatoes and Stuffing	Halal
Meal Choice 3	Roast Turkey with Onion Gravy, Roast Potatoes and Stuffing	Non Halal
Meal Choice 4	Cauliflower and Broccoli Cheese Bake	Vegetarian
Meal Choice 5	Turkey Escalope with Potatoes and Gluten free Gravy	Gluten/Dairy Free
Vegetables	Mushy Peas and Sweetcorn	
Dessert Choice	<i>Strawberry Jelly</i>	<i>Fresh Fruit and Yoghurts</i>
FRIDAY		
Meal Choice 1	Fish Fingers with Oven Baked Potato Wedges	
Meal Choice 2	Tomato Pasta Bake	Vegetarian
Meal Choice 3	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/Dairy Free
Vegetables	Baby Carrots and Peas	

### Share Your Holidays With Us!

Whether you are sharing time with family or friends, heading off on holiday or taking part in activities throughout the Easter break, we would love you to share these moments with us. Please send your photos and include your location and what you are doing via Teams or emailing Mr Burke. Due to GDPR, please do not send photos with anyone in them but rather your surroundings.

[aburke@trhat.org](mailto:aburke@trhat.org)

### Dates for the Diary



## April 2025

APRIL	
Tuesday 22nd	Academic Tutoring - KS3 and Post-16
Wednesday 23rd	Academic Tutoring - KS4
Thursday 24th	Summer Term Begins