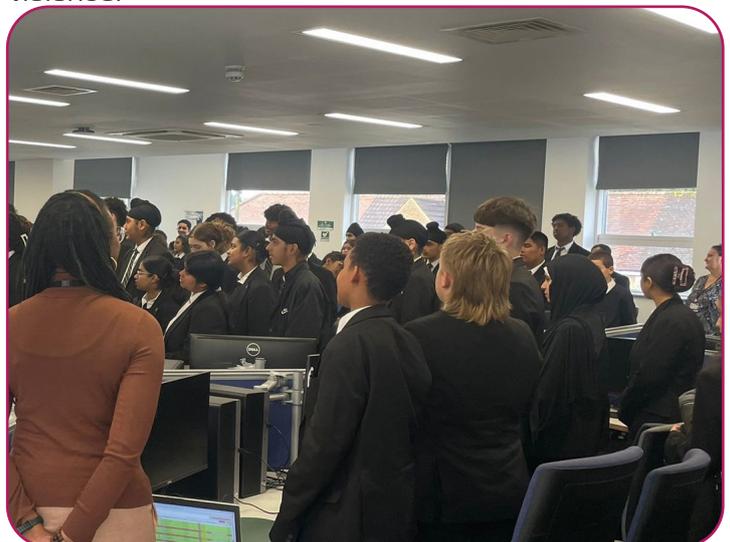


Ghandi's Birthday

Mahatma Gandhi's birthday is celebrated on the 2nd of October each year, a day observed as 'Gandhi Jayanti' in India. This day honors his legacy as a leader of India's nonviolent independence movement against British colonial rule. Globally, it is also marked as the 'International Day of Non-Violence.' Students learnt of Gandhi's philosophy of nonviolent resistance (Satyagraha) which inspired movements for civil rights and freedom across the world.



Students were engaged as they were introduced to Gandhi's upbringing, where he was born into a Hindu family and was deeply influenced by his devout mother and the religious culture of Gujarat, where he grew up. In 1888, he traveled to London to study law and later returned to India, where he struggled to establish his career as a lawyer. Students at De Salis commemorated this day by organising prayer meetings, remembering Gandhi's teachings, and participating in activities promoting peace and non-violence.



NSPCC's Kindness Challenge 2024!

This October we are proud to be taking part in the NSPCC's Kindness Challenge 2024!

We will be spreading a little kindness across our college community by highlighting the importance of Childline, and encouraging students to be kind to each other by sharing more, talking more and playing more. Donations to help Childline be there for more children are welcome here: <https://www.nspcc.org.uk/support-us/ways-to-give/donate/>



Term Dates

The 2024 to 2025 term dates are detailed on our website and can be accessed via (<https://www.desalisstudiocollege.co.uk/termdates>). Please check these dates as they will be particularly helpful to parents, guardians or carers planning family holidays and activities.

Upcoming Enrichment Week

The next Enrichment Week will take place from Monday 28th October through to Friday 1st November 2024. Students in Years 9,10 and 11 will be invited to attend sessions to support them in catching up with their learning. Letters will be sent home to parents, guardians and carers with full details of the intervention classes, activities and catch-up sessions. If you have any questions or require any further information, please do not hesitate to contact the College.

College Drop off and Collection

Please can we remind parents, guardians and carers not to block the pavements outside or opposite the College as on occasions, our students and other pedestrians have had to walk on the road as a consequence, which is very dangerous, therefore we request parents, guardians and carers to be mindful of others when dropping and collecting children. Thank you.

Week Commencing: Monday 14th October	
MENU 3	

MONDAY		
Meal Choice 1	Chilli Con Carne with Pitta Bread or Rice	Halal
Meal Choice 2	Chicken Sausages with Mashed Potatoes and Onion Gravy	Halal
Meal Choice 3	Chicken Sausages with Mashed Potatoes and Onion Gravy	Non Halal
Meal Choice 4	Vegetarian Sausages with Mashed Potatoes and Onion Gravy	Vegetarian
Meal Choice 5	Gluten free Pork Sausages with Mashed Potatoes without Milk or Butter	Gluten/Dairy Free
Vegetables	Carrots and Green Cabbage	
Dessert Choice	Orange Jelly	Fresh Fruit and Yoghurts
TUESDAY		
Meal Choice 1	Chicken Tikka Masala with Rice	Halal
Meal Choice 2	Beef Lasagne with Fresh Salad	Halal
Meal Choice 3	Beef Lasagne with Fresh Salad	Non Halal
Meal Choice 4	Vegetarian Lasagne with Fresh Salad	Vegetarian
Meal Choice 5	Minced Beef with Gluten free Pasta	Gluten/Dairy Free
Vegetables	Broccoli and Cauliflower Florets	
Dessert Choice	Chocolate Mousse	Fresh Fruit and Yoghurts
WEDNESDAY		
Meal Choice 1	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	Halal
Meal Choice 2	Barbecue Grilled Chicken Breast with Rice	Halal
Meal Choice 3	Barbecue Grilled Chicken Breast with Rice	Non Halal
Meal Choice 4	Chickpea and Lentil Curry	Vegetarian
Meal Choice 5	Barbecue Grilled Chicken Breast with Rice	Gluten/Dairy Free
Vegetables	French Beans and Sweetcorn	
Dessert Choice	Apple Crumble	Fresh Fruit and Yoghurts
THURSDAY		
Meal Choice 1	Cajun Chicken in a Ciabatta Roll with Oven Cooked Potato Slices and Tomato Salsa	Halal
Meal Choice 2	Cajun Chicken in a Ciabatta Roll with Oven Cooked Potato Slices and Tomato Salsa	Non Halal
Meal Choice 3	Roast Mediterranean Vegetables in Pitta Bread with Oven Cooked Potato Slices and Tomato Salsa	Vegetarian
Meal Choice 4	Cajun Chicken with Oven Cooked Potato Slices and Tomato Salsa	Gluten/Dairy Free
Vegetables	Baby Carrots and Peas	
Dessert Choice	Vanilla Sponge with a Pineapple Ring and a Cherry	Fresh Fruit and Yoghurts
FRIDAY		
Meal Choice 1	Fish Fingers with Oven Baked Potato Wedges	
Meal Choice 2	Salmon and Dill Fishcakes with Potato Wedges	
Meal Choice 3	Chicken Fillet with Potato Wedges	Halal
Meal Choice 4	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/Dairy Free
Vegetables	Broccoli and Mushy Peas	
Dessert Choice	Chocolate Brownie Tray Bake	Fresh Fruit and Yoghurts
<i>Please note that all main meals are served with Fresh Vegetables of the Day, Homemade Soup of the Day and Baked Jacket Potato with Filling, are available daily</i>		

Quote of the Week

"Before you act, listen. Before you react, think. Before you spend, earn. Before you criticize, wait. Before you pray, forgive. Before you quit, try." - Ernest Hemingway

	October 2024
OCTOBER	
Thursday 24th	Options Day, Year 11
Monday 28th	Enrichment Week