

## Our Great British Countryside

During Enrichment Week, students in Years 9 and 11 went out for a day in the countryside. Starting at Hodgemoor Woods in Chalfont St Giles, students set off for a walk, through 9 feet high maize crops, and over the fields on these stunning rolling Chiltern Hills, passing through flocks of sheep and herds of cattle. Students were shocked and saddened as they learnt about the construction of High Speed 2 (HS2) and were amazed they were standing right where the tunnel will pass. At Stockings Farm, they met the latest piglets, sows and boars and learnt just how sociable these inquisitive animals are before heading back into the woods for a picnic.



After lunch, students were challenged to build a shelter out of fallen branches, twigs and bracken. Students took the challenge head on and created many interesting designs, all shelter worthy! There was time for a stop in the picturesque village of Chalfont St Giles, which is where the famous poet John Milton fled to in 1665 to escape the plague in London, and where he settled to write Paradise Lost. Students found the trip to not only be insightful but felt refreshed and look forward to more countryside trips in the future.





## The Vaccination Programme in Schools

As you are aware, the roll out of the coronavirus (COVID-19) vaccination programme has been extended to all 12 to 15 year olds. The vaccination programme will be facilitated with NHS staff attending De Salis Studio College on **Tuesday 12th October** to administer the vaccination to each student who has returned their signed consent form. Please visit (<https://www.desalisstudiocollege.co.uk/141/coronavirus-advice-andguidance>) for access to a range of leaflets and Frequently Asked Questions (FAQs) to enable you to make an informed decision about your child's vaccination. Please also read the letter that was distributed in September: (<https://bit.ly/2XJ6QBG>).

## Walk to School Month

October is International Walk to School Month, helping to embed active travel behaviours within the School community, with an opportunity to be part of a global campaign, encouraging students to walk to school alongside young people in over 40 countries!

Considering the contribution that traffic pollution makes to climate change and the effects it has on wildlife and natural habitats around the world, by walking to school, you can reduce your carbon emissions, supporting natural habitats and animals across the globe.

To keep the momentum going for Walk to School Month, Living Streets has started a new **#WALKFORTHETHEWORLD** Social Media Challenge. The prize draw is open to all UK schools and families who have a social media account. Please visit (<https://www.livingstreets.org.uk/get-involved/campaign-with-us/international-walk-to-school-month>) for details on how to enter.

## Urgent Mental Health Support – 24/7 Crisis Lines

Students, young people and their families can access free help, advice and urgent mental health support from 24/7 crisis telephone lines available in every London borough. Every NHS mental health trust in London has put these in place, so students, young people and their families can get help quickly when they need it. Professionals are also able to access these crisis lines if they are concerned about or would like advice about a student, young person or family. The crisis lines are supported by trained mental health practitioners, who can offer advice and signpost other sources of support as needed.

Please visit the **Urgent Mental Health Support** section on our college's **Mental Health and Wellbeing** page via (<https://www.desalisstudiocollege.co.uk/211/mental-health-and-wellbeing>) for a brief information pack with details of these crisis lines as well as other support available.

## Student Photograph Orders


Please remember that the individual student photographs should be ordered online, directly to Fraser Portraits via ([https://orderphotos.co.uk/school\\_downloads](https://orderphotos.co.uk/school_downloads)), or over the phone at 01202 692433. You will be required to log in with your account details or enter your proof card identification/registration code to be able to make payments. Orders must be placed by Monday 18th October in order to receive free delivery back to the College. Unfortunately, any order received after this date will need to be ordered directly to Fraser Portraits and will incur an additional surcharge of £4.00 per pack. For all orders placed after the deadline date, packs will be sent directly to your home address.

	<b>Week Commencing: Monday 11th October</b>
<b>MENU 3</b>	

MONDAY		
Meal Choice 1	Chilli Con Carne with Pitta Bread or Rice	Halal
Meal Choice 2	Chicken Sausages with Mashed Potatoes and Onion Gravy	Halal
Meal Choice 3	Chicken Sausages with Mashed Potatoes and Onion Gravy	Non Halal
Meal Choice 4	Vegetarian Sausages with Mashed Potatoes and Onion Gravy	Vegetarian
Meal Choice 5	Gluten free Pork Sausages with Mashed Potatoes without Milk or Butter	Gluten/Dairy Free
Vegetables	Carrots and Green Cabbage	
Dessert Choice	Orange Jelly	Fresh Fruit and Yoghurts
TUESDAY		
Meal Choice 1	Chicken Tikka Masala with Rice	Halal
Meal Choice 2	Beef Lasagne with Fresh Salad	Halal
Meal Choice 3	Beef Lasagne with Fresh Salad	Non Halal
Meal Choice 4	Vegetarian Lasagne with Fresh Salad	Vegetarian
Meal Choice 5	Minced Beef with Gluten free Pasta	Gluten/Dairy Free
Vegetables	Broccoli and Cauliflower Florets	
Dessert Choice	Chocolate Mousse	Fresh Fruit and Yoghurts
WEDNESDAY		
Meal Choice 1	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	Halal
Meal Choice 2	Barbecue Grilled Chicken Breast with Rice	Halal
Meal Choice 3	Barbecue Grilled Chicken Breast with Rice	Non Halal
Meal Choice 4	Chickpea and Lentil Curry	Vegetarian
Meal Choice 5	Barbecue Grilled Chicken Breast with Rice	Gluten/Dairy Free
Vegetables	French Beans and Sweetcorn	
Dessert Choice	Apple Crumble	Fresh Fruit and Yoghurts
THURSDAY		
Meal Choice 1	Cajun Chicken in a Ciabatta Roll with Oven Cooked Potato Slices and Tomato Salsa	Halal
Meal Choice 2	Cajun Chicken in a Ciabatta Roll with Oven Cooked Potato Slices and Tomato Salsa	Non Halal
Meal Choice 3	Roast Mediterranean Vegetables in Pitta Bread with Oven Cooked Potato Slices and Tomato Salsa	Vegetarian
Meal Choice 4	Cajun Chicken with Oven Cooked Potato Slices and Tomato Salsa	Gluten/Dairy Free
Vegetables	Baby Carrots and Peas	
Dessert Choice	Vanilla Sponge with a Pineapple Ring and a Cherry	Fresh Fruit and Yoghurts
FRIDAY		
Meal Choice 1	Fish Fingers with Oven Baked Potato Wedges	
Meal Choice 2	Salmon and Dill Fishcakes with Potato Wedges	
Meal Choice 3	Chicken Fillet with Potato Wedges	Halal
Meal Choice 4	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/Dairy Free
Vegetables	Broccoli and Mushy Peas	
Dessert Choice	Chocolate Brownie Tray Bake	Fresh Fruit and Yoghurts
<i>Please note that all main meals are served with Fresh Vegetables of the Day. Homemade Soup of the Day and Baked Jacket Potato with Filling, are available daily</i>		

## De Salis Car Park

As of Monday 11th October, the car park gate will be closed from 8:30am. We would like to remind parents, guardians and carers, that the car park on the De Salis site are for the use of staff only. This is to minimise the risk of an accident involving children accessing and egressing the College. We thank you in advance for your cooperation in this matter.

	<b>OCTOBER 2021</b>	
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Tuesday 12th	4:00 to 5:00pm	After College Clubs
Tuesday 12th	Coronavirus Vaccinations	