

Your Life, Your Choice Workshop

On Wednesday 8th May, De Salis hosted the Your Life, Your Choice workshop, which saw presentations from services such as the London Ambulance, Metropolitan Police, Youth Justice and Youth Engagement, to name a few. The workshop aims to teach students some of the key fundamentals of life from drug awareness to first aid and knife crime. Students found the sessions to be of great value and helped them to gain valuable and transferable skills. A Massive thank you to the team for attending and engaging with our students.



Walk to College Week - Monday 20th to Friday 24th May 2024

It's Walk to College Week next week therefore we would like to encourage you, if possible, to make arrangements so that your child/children can travel actively to college on week commencing 20th May, helping our school reduce congestion and pollution around the school gates. Walking, wheeling, scooting and cycling all count! If you live far away from college and need to drive or take public transport, try parking the car or hopping off the bus/train ten minutes away and walking the rest of the journey. The nationwide event is organised by walking charity Living Streets and designed to help students experience first-hand the importance of walking to college. Not only will it set them up for a positive day in the classroom, but it will also help create healthy habits for life.

We would also like to encourage your child/children to download the seven day journal to write about their walk and how it made them feel: <https://trhat.co.uk/my-walking-week-journal/>



Year 11 Prom - 5th July

Owing to its huge demand in previous years, we would like to remind students to confirm their attendance and secure their places promptly for the Year 11 Prom, taking place at Pinewood Hotel on Friday 5th July 2024. This is a great opportunity for students to celebrate the culmination of their Year 11 experience, as they will look back and remember this milestone event for the rest of their lives. This year's lavish affair, where attention to detail will be paramount, will see our 2024 Leavers cohort creating extraordinary memories that will last a lifetime.

We have a number of exciting events lined up for the evening, so get your tickets and experience your one and only Prom in the most extraordinary way! Tickets are now available to purchase via Ipayimpact. Please purchase your tickets by Friday 31st May 2024.

	Week Commencing: Monday 20th May	
	MENU 4	

MONDAY		
Meal Choice 1	Beef Lasagne with Fresh Salad	Halal
Meal Choice 2	Spaghetti Bolognese	Halal
Meal Choice 3	Spaghetti Bolognese	Non Halal
Meal Choice 4	Mediterranean Pasta Bake	Vegetarian
Meal Choice 5	Bolognese with Gluten free Pasta	Gluten/Dairy Free
Vegetables	Broccoli and Cauliflower Florets	
Dessert Choice	Raspberry Jelly	Fresh Fruit and Yoghurts
TUESDAY		
Meal Choice 1	Chicken Sausages with Mashed Potatoes and Onion Gravy	Halal
Meal Choice 2	Beef Tikka Masala with Rice	Halal
Meal Choice 3	Beef Tikka Masala with Rice	Non Halal
Meal Choice 4	Vegetarian Sausages with Mashed Potatoes and Onion Gravy	Vegetarian
Meal Choice 5	Gluten free Pork Sausages with Mashed Potatoes without Milk or Butter	Gluten/Dairy Free
Vegetables	Carrots and Green Cabbage	
Dessert Choice	Jam and Coconut Sponge	Fresh Fruit and Yoghurts
WEDNESDAY		
Meal Choice 1	Chicken New Yorker with Jacket Potato	Halal
Meal Choice 2	Diced Lamb with Noodles and Vegetable Stir Fry	Halal
Meal Choice 3	Diced Lamb with Noodles and Vegetable Stir Fry	Non Halal
Meal Choice 4	Vegetable Stir Fry with Noodles	Vegetarian
Meal Choice 5	Diced Lamb with Vegetable Stir Fry	Gluten/Dairy Free
Vegetables	Sweetcorn and Green Beans	
Dessert Choice	Vanilla Ice Cream with Peaches	Fresh Fruit and Yoghurts
THURSDAY		
Meal Choice 1	Mexican Chilli Mince Wraps	Halal
Meal Choice 2	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	Halal
Meal Choice 3	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	Non Halal
Meal Choice 4	Cheese and Onion Tart	Vegetarian
Meal Choice 5	Roast Chicken with Roast Potatoes and Gluten free Gravy	Gluten/Dairy Free
Vegetables	Peas and White Cabbage	
Dessert Choice	Chocolate Sponge	Fresh Fruit and Yoghurts
FRIDAY		
Meal Choice 1	Fish Cakes with Potato Wedges	
Meal Choice 2	Fish Fingers with Potato Wedges	
Meal Choice 3	Macaroni Cheese	Vegetarian
Meal Choice 4	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/Dairy Free
Vegetables	Roast Carrots and Cauliflower	
Dessert Choice	Custard Tart	Fresh Fruit and Yoghurts
<i>Please note that all main meals are served with Fresh Vegetables of the Day. Homemade Soup of the Day and Baked Jacket Potato with Filling, are available daily</i>		

Mobile Telephones

All lost property enquiries should be directed to the main reception of the College on number. Items that are found on the campus that are clearly marked with the student's name are returned to the student as soon as possible. All unnamed items are kept by reception for students to check.

	May 2024	
May		
Monday 20th	All Day	Magistrates Court Trip