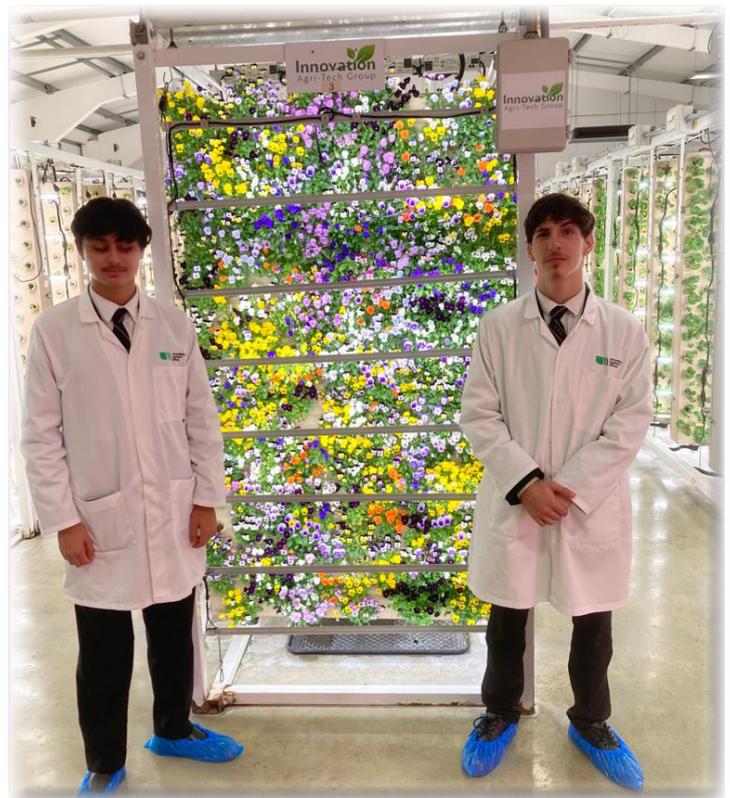




## Indoor Farm

Today year 10 students visited the Innovation Agri-Tech Group (IAG) to understand more about indoor farming, ways food production was affecting climate change and research and innovation in the agri-food chain. The indoor farm facility is at the cutting edge of innovation, using aeroponics as a novel way of growing food. Students were able to smell and taste a variety of produce such as edible flowers, lettuce, basil and coriander. Students also learned how scientists were able to adjust the amount of nutrients, water, temperature and even the colour of light to produce the ideal growing conditions for plants. Finally, students met with members of the IAG team, asked questions and heard first-hand how they became involved in the sector as well as the different job opportunities in the agri-food sector.



## Electric Scooters

Hillingdon Council has received numerous reports of electric scooters being used across the borough. As such, the School Travel and Road Safety team has issued guidance for parents, guardians and carers regarding the legality of using electric scooters in the UK. Electric scooters, segways, hoverboards and a number of other 'powered transporters' are considered to be 'motor vehicles' and are therefore subject to the same legal requirements that apply to cars – tax, insurance and licensing. Such vehicles are illegal to use on the road and in most public spaces unless they conform to the law; they are also prohibited from being used on cycle tracks, cycle lanes, and other spaces dedicated to pedal cycle use only. Those who do not comply with the relevant Road Traffic Legislation may face potential prosecution and any offence may result in having to pay a fixed penalty fine. As such, the College requests that children do not use any of the modes of transport listed above, particularly as means of commuting to college. For the Parents' Guide to Electric Scooters, please visit: ([www.hillingdon.gov.uk/e-scooter](http://www.hillingdon.gov.uk/e-scooter)).

## Home College Communication

We believe that strong communication links between the College and parents, guardians and carers are vital in supporting students in achieving their personal best. Research has shown that students' academic progress and achievements are significantly influenced by the extent of parental involvement and interest in their education. The College communicates with parents, guardians and carers in a variety of different ways:

- Verbal: in meetings, by telephone
- Events: information evenings, open evening, academic tutoring
- Written: letters, notes in planners, newsletters
- Electronic: notices posted on the College website, text messages and email

If you have any suggestions for further improving communications, please let us know as we are always receptive to new ideas and initiatives.

## Mobile Telephone

Whilst the College accepts that some parents, guardians and carers wish their child to carry a mobile telephone for reasons of personal safety as they travel to and from college, they must remain switched off and kept out of sight during the College day. It is the policy of the College for all Key Stage 3 students to hand their mobile telephones to their form tutors at the beginning of each day. The telephones are then securely stored until the end of the day when they are returned to the students. Please note that the College will not accept liability for the safe keeping of a mobile phone; it will remain the responsibility of the student at all times. Use of a mobile phone during college hours will lead to sanctions being imposed, up to and including confiscation.

		Week Commencing: <i>Monday 6th November</i> <b>MENU 4</b>
<b>MONDAY</b>		
Meal Choice 1	Beef Lasagne with Fresh Salad	Halal
Meal Choice 2	Spaghetti Bolognese	Halal
Meal Choice 3	Spaghetti Bolognese	Non Halal
Meal Choice 4	Mediterranean Pasta Bake	Vegetarian
Meal Choice 5	Bolognese with Gluten free Pasta	Gluten/Dairy Free
Vegetables	Broccoli and Cauliflower Florets	
Dessert Choice	Raspberry Jelly	Fresh Fruit and Yoghurts
<b>TUESDAY</b>		
Meal Choice 1	Chicken Sausages with Mashed Potatoes and Onion Gravy	Halal
Meal Choice 2	Beef Tikka Masala with Rice	Halal
Meal Choice 3	Beef Tikka Masala with Rice	Non Halal
Meal Choice 4	Vegetarian Sausages with Mashed Potatoes and Onion Gravy	Vegetarian
Meal Choice 5	Gluten free Pork Sausages with Mashed Potatoes without Milk or Butter	Gluten/Dairy Free
Vegetables	Carrots and Green Cabbage	
Dessert Choice	Jam and Coconut Sponge	Fresh Fruit and Yoghurts
<b>WEDNESDAY</b>		
Meal Choice 1	Chicken New Yorker with Jacket Potato	Halal
Meal Choice 2	Diced Lamb with Noodles and Vegetable Stir Fry	Halal
Meal Choice 3	Diced Lamb with Noodles and Vegetable Stir Fry	Non Halal
Meal Choice 4	Vegetable Stir Fry with Noodles	Vegetarian
Meal Choice 5	Diced Lamb with Vegetable Stir Fry	Gluten/Dairy Free
Vegetables	Sweetcorn and Green Beans	
Dessert Choice	Vanilla Ice Cream with Peaches	Fresh Fruit and Yoghurts
<b>THURSDAY</b>		
Meal Choice 1	Mexican Chilli Mince Wraps	Halal
Meal Choice 2	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	Halal
Meal Choice 3	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	Non Halal
Meal Choice 4	Cheese and Onion Tart	Vegetarian
Meal Choice 5	Roast Chicken with Roast Potatoes and Gluten free Gravy	Gluten/Dairy Free
Vegetables	Peas and White Cabbage	
Dessert Choice	Chocolate Sponge	Fresh Fruit and Yoghurts
<b>FRIDAY</b>		
Meal Choice 1	Fish Cakes with Potato Wedges	
Meal Choice 2	Fish Fingers with Potato Wedges	
Meal Choice 3	Macaroni Cheese	Vegetarian
Meal Choice 4	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/Dairy Free
Vegetables	Roast Carrots and Cauliflower	
Dessert Choice	Custard Tart	Fresh Fruit and Yoghurts
Please note that all main meals are served with Fresh Vegetables of the Day. Homemade Soup of the Day and Baked Jacket Potato with Filling, are available daily		

## Lost Property

All lost property enquiries should be directed to the main reception of the College on 020 3819 3421. Items that are found on the campus that are clearly marked with the student's name are returned to the student as soon as possible. All unnamed items are kept by reception for students to check.

## Medical Appointments

Whenever possible, medical appointments for students should be made outside of college hours. However, when it is not possible to get an appointment outside of college hours, please inform your child's form tutor in writing and in advance of the appointment. It is important to include in your written note to the form tutor if you are collecting your child or if they have your permission to leave college unaccompanied. Please also inform the form tutor if your child will return to college following the appointment.