

LEAF Education Workshop

On Wednesday 20th September, Year 10 students attended their first workshop for the fully funded indoor farm visit project with LEAF Education. In this workshop, students explore the top 10 food products produced in the UK. They also looked at the agri-food chain, sustainability, and the type of careers available in agriculture. Students found the workshop to be fun and engaging and enjoyed the practical and visual aspect of the workshop and are looking forward to their next visit which will take place at the farm.



Home College Communication

We believe that strong communication links between the College and parents, guardians and carers are vital in supporting students in achieving their personal best. Research has shown that students' academic progress and achievements are significantly influenced by the extent of parental involvement and interest in their education. The College communicates with parents, guardians and carers in a variety of different ways:

- Verbal: in meetings, by telephone
- Events: information evenings, open evening, academic tutoring
- Written: letters, notes in planners, newsletters
- Electronic: notices posted on the College website, text messages and email

If you have any suggestions for further improving communications, please let us know as we are always receptive to new ideas and initiatives.

Medical Appointments

Whenever possible, medical appointments for students should be made outside of college hours. However, when it is not possible to get an appointment outside of college hours, please inform your child's form tutor in writing and in advance of the appointment. It is important to include in your written note to the form tutor if you are collecting your child or if they have your permission to leave college unaccompanied. Please also inform the form tutor if your child will return to college following the appointment.



YOUTH ASTHMA STUDY

**Tell us what you think
about access to support, quality of medical
care, and education available for Asthma
where you live.**

Point your phone
camera at this
QR Code:



or visit this link: bit.ly/youth-asthma-study

Your feedback will lead to improvements, positively impacting the health and wellbeing of **children, young people and families living with Asthma.**

We're looking for responses from people who live, work or study
in **Brent or Kensington & Chelsea or Ealing.**

	Week Commencing: Monday 2nd October
MENU 4	

MONDAY		
Meal Choice 1	Beef Lasagne with Fresh Salad	Halal
Meal Choice 2	Spaghetti Bolognese	Halal
Meal Choice 3	Spaghetti Bolognese	Non Halal
Meal Choice 4	Mediterranean Pasta Bake	Vegetarian
Meal Choice 5	Bolognese with Gluten free Pasta	Gluten/Dairy Free
Vegetables	Broccoli and Cauliflower Florets	
Dessert Choice	Raspberry Jelly	Fresh Fruit and Yoghurts
TUESDAY		
Meal Choice 1	Chicken Sausages with Mashed Potatoes and Onion Gravy	Halal
Meal Choice 2	Beef Tikka Masala with Rice	Halal
Meal Choice 3	Beef Tikka Masala with Rice	Non Halal
Meal Choice 4	Vegetarian Sausages with Mashed Potatoes and Onion Gravy	Vegetarian
Meal Choice 5	Gluten free Pork Sausages with Mashed Potatoes without Milk or Butter	Gluten/Dairy Free
Vegetables	Carrots and Green Cabbage	
Dessert Choice	Jam and Coconut Sponge	Fresh Fruit and Yoghurts
WEDNESDAY		
Meal Choice 1	Chicken New Yorker with Jacket Potato	Halal
Meal Choice 2	Diced Lamb with Noodles and Vegetable Stir Fry	Halal
Meal Choice 3	Diced Lamb with Noodles and Vegetable Stir Fry	Non Halal
Meal Choice 4	Vegetable Stir Fry with Noodles	Vegetarian
Meal Choice 5	Diced Lamb with Vegetable Stir Fry	Gluten/Dairy Free
Vegetables	Sweetcorn and Green Beans	
Dessert Choice	Vanilla Ice Cream with Peaches	Fresh Fruit and Yoghurts
THURSDAY		
Meal Choice 1	Mexican Chilli Mince Wraps	Halal
Meal Choice 2	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	Halal
Meal Choice 3	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	Non Halal
Meal Choice 4	Cheese and Onion Tart	Vegetarian
Meal Choice 5	Roast Chicken with Roast Potatoes and Gluten free Gravy	Gluten/Dairy Free
Vegetables	Peas and White Cabbage	
Dessert Choice	Chocolate Sponge	Fresh Fruit and Yoghurts
FRIDAY		
Meal Choice 1	Fish Cakes with Potato Wedges	
Meal Choice 2	Fish Fingers with Potato Wedges	
Meal Choice 3	Macaroni Cheese	Vegetarian
Meal Choice 4	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/Dairy Free
Vegetables	Roast Carrots and Cauliflower	
Dessert Choice	Custard Tart	Fresh Fruit and Yoghurts
Please note that all main meals are served with Fresh Vegetables of the Day. Homemade Soup of the Day and Baked Jacket Potato with Filling, are available daily		

"Associate yourself with people who think positively. You cannot surround yourself with negative people and expect positive outcomes."

- Roy Bennett

October 2023		
October		
Wednesday 4th	All Day	World Space Week
Thursday 5th	All Day	World Teacher Day
Friday 6th	All Day	National Poetry Day
	11:30am	Whole School Assembly
Tuesday 10th	All Day	World Mental Health Day