



FRIDAY 29TH SEPTEMBER, 2023

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LEAF Education Workshop

On Wednesday 20th September, Year 10 students attended their first workshop for the fully funded indoor farm visit project with LEAF Education. In this workshop, students explore the top 10 food products produced in the UK. They also looked at the agri-food chain, sustainability, and the type of careers available in agriculture. Students found the workshop to be fun and engaging and enjoyed the practical and visual aspect of the workshop and are looking forward to their next visit which will take place at the farm.





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Home College Communication

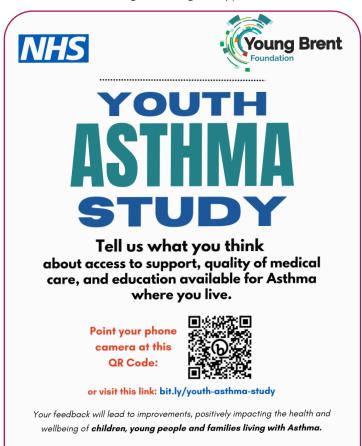
We believe that strong communication links between the College and parents, guardians and carers are vital in supporting students in achieving their personal best. Research has shown that students' academic progress and achievements are significantly influenced by the extent of parental involvement and interest in their education. The College communicates with parents, guardians and carers in a variety of different ways:

- Verbal: in meetings, by telephone
- Events: information evenings, open evening, academic tutoring
- Written: letters, notes in planners, newsletters
- Electronic: notices posted on the College website, text messages and email

If you have any suggestions for further improving communications, please let us know as we are always receptive to new ideas and initiatives.

Medical Appointments

Whenever possible, medical appointments for students should be made outside of college hours. However, when it is not possible to get an appointment outside of college hours, please inform your child's form tutor in writing and in advance of the appointment. It is important to include in your written note to the form tutor if you are collecting your child or if they have your permission to leave college unaccompanied. Please also inform the form tutor if your child will return to college following the appointment.



We're looking for responses from people who live, work or study in Brent or Kensington & Chelsea or Ealing.

MONDAY Meal Choice 1 Beef Lasagne with Fresh Salad Halal Meal Choice 2 Spaghetti Bolognese Halal Meal Choice 3 Spaghetti Bolognese Non Halal Meal Choice 4 Mediterranean Pasta Bake Vegetarian Meal Choice 5 Bolognese with Gluten free Pasta Gluten/Dairy Free Vegetables Broccoli and Cauliflower Florets Fresh Fruit and Yoghurts Dessert Choice Raspberry Jelly TUESDAY Meal Choice 1 Chicken Sausages with Mashed Potatoes and Onion Gravy Halal Meal Choice 2 Beef Tikka Masala with Rice Halal Meal Choice 3 Beef Tikka Masala with Rice Non Halal Meal Choice 4 Vegetarian Sausages with Mashed Potatoes and Onion Gravy Vegetarian Gluten free Pork Sausages with Mashed Potatoes without Milk or Butter Meal Choice 5 Gluten/Dairy Free Vegetables Carrots and Green Cabbage Dessert Choice Jam and Coconut Sponge Fresh Fruit and Yoghurts WEDNESDAY Meal Choice 1 Chicken New Yorker with Jacket Potato Halal Meal Choice 2 Diced Lamb with Noodles and Vegetable Stir Fry Halal Meal Choice 3 Diced Lamb with Noodles and Vegetable Stir Fry Non Halal Meal Choice 4 Vegetable Stir Fry with Noodles Vegetarian Meal Choice 5 Diced Lamb with Vegetable Stir Fry Gluten/Dairy Free Vegetables Sweetcorn and Green Beans Fresh Fruit and Yoghurts Dessert Choice Vanilla Ice Cream with Peache THURSDAY Meal Choice 1 Mexican Chilli Mince Wraps Halal Meal Choice 2 Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy Halal Meal Choice 3 Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy Non Halal Meal Choice 4 Cheese and Onion Tart Vegetarian Meal Choice 5 Roast Chicken with Roast Potatoes and Gluten free Grave Gluten/Dairy Free Vegetables Peas and White Cabbage Dessert Choice Chocolate Sponge Fresh Fruit and Yoghurts FRIDAY Meal Choice 1 Fish Cakes with Potato Wedges Meal Choice 2 Fish Fingers with Potato Wedges Meal Choice 3 Macaroni Cheese Vegetarian Gluten free Fish Fingers with Gluten free Potato Wedges and $\ensuremath{\mathsf{Beans}}$ Meal Choice 4 Gluten/Dairy Free Veaetables Roast Carrots and Cauliflower Dessert Choice Custard Tart Fresh Fruit and Yoahurts

Week Commencing: Monday 2nd October

MENU 4

Please note that all main meals are served with Fresh Vegetables of the Day. Homemade Soup of the Day and Baked Jacket Potato with Filling, are available daily "Associate yourself with people who think positively. You cannot

surround yourself with negative people and expect positive outcomes."

- Roy Bennett

October 2023		
Wednesday 4th	All Day	World Space Week
Thursday 5th	All Day	World Teacher Day
Friday 6th	All Day	National Poetry Day
	11:30am	Whole School Assembly
Tuesday 10th	All Day	World Mental Health Day