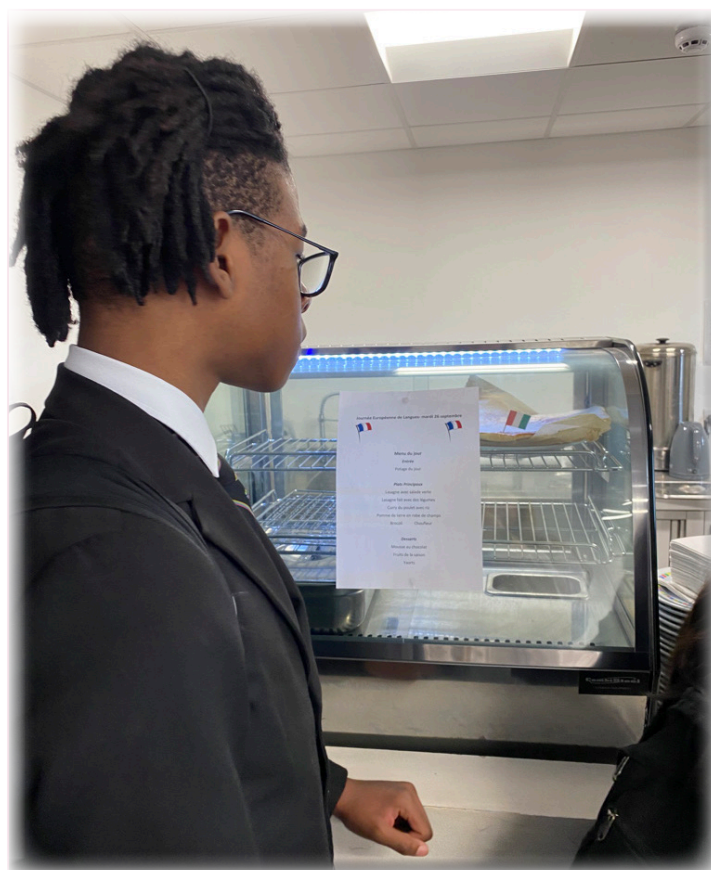
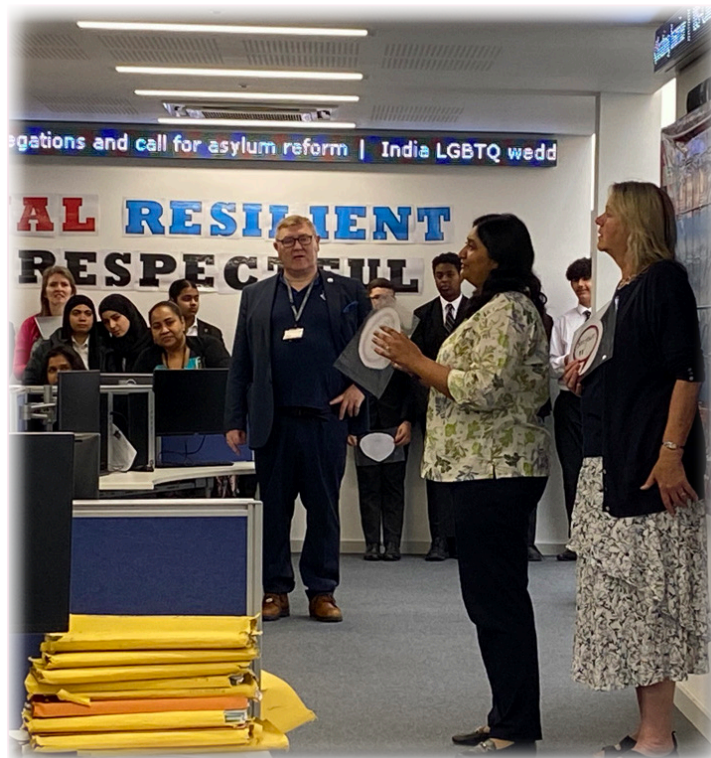


European Languages Day

Students arrived at De Salis on Tuesday 26th September to find the College be-decked with flags from around the world! Although 26th September is European Languages Day, De Salis students and staff not only speak a range of European languages, but they also speak many international languages as well. In fact, the day started with a whole school assembly with students and teachers sharing greetings in the 34 different languages that are spoken within our small college community. This is an amazing range and included Swaheli, Afrikaans, Thai and Yoruba, together with Swedish, Russian, Ukrainian and Greek...to name but a few! Each subsequent lesson started with a short activity to further knowledge of European languages.



ASTHMA ADVISORY NOTICE

The Hillingdon Champions of Asthma Team have requested we advise parents, guardians and carers of children who suffer from asthma to ensure their children take their preventative inhalers regularly every day, even if well, as we head towards the middle of September. This advisory has been published as this time of year normally proves to be the most troublesome time for asthmatics

EMERGENCY CONTACT DETAILS

In the best interest of your child's wellbeing whilst at college, it is vitally important, that in the event of an emergency, we are able to make contact with you or another emergency contact, as quickly as possible. To this end, we would like to remind all parents, guardians and carers to keep your contact details updated with the College and to ensure that you provide up-to-date details of at least two other emergency contacts for your child. Thank you.

FREE SCHOOL MEALS' - APPLICATION PROCESS

'Free School Meals' is a statutory means-tested benefit, which provides a child with meals at school for free. If you believe your child may be newly entitled to this benefit, or if they received it last year and you would like to reapply, please attend the College Reception and request an application form. The College Reception will also be able to advise any parents, guardians or carers who are unfamiliar with the process for claiming 'Free School Meals'. The Free School Meals benefit does not automatically renew; it must be reapplied for each academic year.

MEDICAL APPOINTMENTS

Whenever possible, medical appointments for students should be made outside of college hours. However, when it is not possible to get an appointment outside of college hours, please inform your child's form tutor in writing and in advance of the appointment. It is important to include in your written note to the form tutor if you are collecting your child or if they have your permission to leave college unaccompanied. Please also inform the form tutor if your child will return to college following the appointment.

MOBILE TELEPHONE

Whilst the College accepts that some parents, guardians and carers wish their child to carry a mobile telephone for reasons of personal safety as they travel to and from college, they must remain switched off and kept out of sight during the College day. It is the policy of the College for all Key Stage 3 students to hand their mobile telephones to their form tutors at the beginning of each day. The telephones are then securely stored until the end of the day when they are returned to the students. Please note that the College will not accept liability for the safe keeping of a mobile phone; it will remain the responsibility of the student at all times. Use of a mobile phone during college hours will lead to sanctions being imposed, up to and including confiscation.

	Week Commencing: <i>Monday 25th September</i>	
	MENU 3	
MONDAY		
Meal Choice 1	Chilli Con Carne with Pitta Bread or Rice	Halal
Meal Choice 2	Chicken Sausages with Mashed Potatoes and Onion Gravy	Halal
Meal Choice 3	Chicken Sausages with Mashed Potatoes and Onion Gravy	Non Halal
Meal Choice 4	Vegetarian Sausages with Mashed Potatoes and Onion Gravy	Vegetarian
Meal Choice 5	Gluten free Pork Sausages with Mashed Potatoes without Milk or Butter	Gluten/Dairy Free
Vegetables	Carrots and Green Cabbage	
Dessert Choice	<i>Orange Jelly</i>	<i>Fresh Fruit and Yoghurts</i>
TUESDAY		
Meal Choice 1	Chicken Tikka Masala with Rice	Halal
Meal Choice 2	Beef Lasagne with Fresh Salad	Halal
Meal Choice 3	Beef Lasagne with Fresh Salad	Non Halal
Meal Choice 4	Vegetarian Lasagne with Fresh Salad	Vegetarian
Meal Choice 5	Minced Beef with Gluten free Pasta	Gluten/Dairy Free
Vegetables	Broccoli and Cauliflower Florets	
Dessert Choice	<i>Chocolate Mousse</i>	<i>Fresh Fruit and Yoghurts</i>
WEDNESDAY		
Meal Choice 1	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	Halal
Meal Choice 2	Barbecue Grilled Chicken Breast with Rice	Halal
Meal Choice 3	Barbecue Grilled Chicken Breast with Rice	Non Halal
Meal Choice 4	Chickpea and Lentil Curry	Vegetarian
Meal Choice 5	Barbecue Grilled Chicken Breast with Rice	Gluten/Dairy Free
Vegetables	French Beans and Sweetcorn	
Dessert Choice	<i>Apple Crumble</i>	<i>Fresh Fruit and Yoghurts</i>
THURSDAY		
Meal Choice 1	Cajun Chicken in a Ciabatta Roll with Oven Cooked Potato Slices and Tomato Salsa	Halal
Meal Choice 2	Cajun Chicken in a Ciabatta Roll with Oven Cooked Potato Slices and Tomato Salsa	Non Halal
Meal Choice 3	Roast Mediterranean Vegetables in Pitta Bread with Oven Cooked Potato Slices and Tomato Salsa	Vegetarian
Meal Choice 4	Cajun Chicken with Oven Cooked Potato Slices and Tomato Salsa	Gluten/Dairy Free
Vegetables	Baby Carrots and Peas	
Dessert Choice	<i>Vanilla Sponge with a Pineapple Ring and a Cherry</i>	<i>Fresh Fruit and Yoghurts</i>
FRIDAY		
Meal Choice 1	Fish Fingers with Oven Baked Potato Wedges	
Meal Choice 2	Salmon and Dill Fishcakes with Potato Wedges	
Meal Choice 3	Chicken Fillet with Potato Wedges	Halal
Meal Choice 4	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/Dairy Free
Vegetables	Broccoli and Mushy Peas	
Dessert Choice	<i>Chocolate Brownie Tray Bake</i>	<i>Fresh Fruit and Yoghurts</i>
<i>Please note that all main meals are served with Fresh Vegetables of the Day. Homemade Soup of the Day and Baked Jacket Potato with Filling, are available daily</i>		

SUBSCRIBE TO OUR YOUTUBE CHANNEL

Please subscribe to De Salis via <https://www.youtube.com/channel/UCWMIAW5TAgoBj2cXHqTOc6Q> to stay connected, gain new insights and to avoid missing out on any exciting content uploaded in the upcoming weeks. Please remember to like and share the videos and click the notification bell to receive instant updates each time a new video is uploaded! Thank you for your continued support.

QUOTE OF THE WEEK

"You cannot let your failures define you. You have to let your failures teach you" - *Barack Obama*.