

Hewens Hoad, Hayes, Middlesex, UB4 8JP



FRIDAY 15TH SEPTEMBER, 2023

CONTACT US ON

C.

020 3819 3421



www.desalisstudiocollege.co.uk

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desalisstudiocollege@trhat.org

# **GLL Sports Foundation Ceremony**

On Sunday 21st September, two of our students, Ermis and Myronals found themselves in the news after being recognised as two of the finest young athletes in the Borough of Hillingdon, at the GLL Sport Foundation annual Ceremony. These two have progressed so far in Taekwondo in a short space of time, that they are being entered for international competitions' such their recent trip to Poland. Well done boys, we look forward to seeing what you have instore next!







## Chloe the De Salis Superhero!

Chloe was recently travelling to college with her younger brother, who has a congenital heart issue, during the journey his heart stopped causing him to collapse mid journey. Chloe bravely carried him from the bus to a bench and placed him in the recovery position. She then managed to contact emergency services despite not having her phone with her. In summary, she saved her little brothers life. Here we see her heroics being recognised by the Chief Officer - Standards, Mrs Driscoll.



## **WEATHER**

Please ensure your child comes to school with the correct clothing to reflect the weather, along with appropriate footwear to avoid injuries; no open toe sandals will be permitted. Your child must also be provided with a clearly named water bottle to bring in each day as we encourage them to drink frequently throughout the day.

## **COLLEGE UNIFORM**

The College uniform plays a valuable role in supporting positive behaviour for learning and contributes to the ethos of the College. All students are required to wear full college uniform when attending college for normal lessons, representing their college, or when participating in a college event outside normal college hours and on educational trips and visits. Should there be an opportunity for the College to host an internal event, it is essential that students continue to project a positive image of the College. As such, all students are required to wear full college uniform in order to participate in special events.

## **PUNCTUALITY**

We would like to remind parents, guardians and carers of the importance of all students having a positive start to their day by arriving at college at 8:45am. All students are expected to be in college for morning registration at time. If you receive a communication from the College that your child has been late on more than one occasion, please discuss this with them and support them so that they arrive at college on time. Students who are persistently late will be referred to the Educational Welfare Officer.

## **ATTENDANCE**

We would like to remind parents, guardians and carers that research shows there is a clear link between the attendance rate of students and their level of attainment. Please support your child to attend regularly by ensuring that any medical or other appointments are organised out of college hours. The expectation of the Local Advisory body is that all students will achieve a minimum annual attendance rate of 96%. The only circumstances in which absence from college will be authorised is when your child is too ill to attend or permission has been granted due to exceptional circumstances.

## **URGENT ATTENTION - CHILD SAFETY!**

Online Safety is an important part of keeping children safe at College. In an ever-changing world, ensuring students' safety online has never been more important. As we continue to promote positive use of technology to ensure the safety of all our students, we kindly advise all parents, guardians and carers to educate their children on the importance of making positive and informed choices whilst online. Please ensure you are maintaining open and regular conversations with your child about what they are doing online and who they are interacting with. Please visit <a href="https://nationalonlinesafety.com/training">https://nationalonlinesafety.com/training</a> where you will have access to a number of safety guides for the appropriate use of social media platforms such as TikTok and Instagram, video conferencing software such as Microsoft Teams, and popular gaming consoles.



## Week Commencing: Monday 18th September

#### MENU 2

Meal Choice 1	Lamb Patty with Mediterranean Vegetables, Pitta Bread and		Halal
	Yoghurt Dip		- Farai
Meal Choice 2	Beef Meatball Pasta Bake		Halal
Meal Choice 3	Beef Meatball Pasta Bake		Non Halal
Meal Choice 4	Potato and Cheese Bake		Vegetarian
Meal Choice 5	Meatballs with Gluten free Pasta		Gluten/Dairy Free
Vegetables	Cauliflower and Broccoli Florets		
Dessert Choice	Strawberry Mousse with Fresh Strawberries	Fresh	Fruit and Yoghurts
TUESDAY			
Meal Choice 1	Breaded Chicken Fillet with Boiled New Potatoes		Halal
Meal Choice 2	Lamb Koftas with Rice and a Yogurt and Cucumber Dip		Halal
Meal Choice 3	Lamb Koftas with Rice and a Yogurt and Cucumber Dip		Non Halal
Meal Choice 4	Creamy Pasta Bake		Vegetarian
Meal Choice 5	Lamb Patty with Rice		Gluten/Dairy Free
Vegetables	Peas and White Cabbage		
Dessert Choice	Chocolate Sponge	Fresh	Fruit and Yoghurts
WEDNESDA	Y		
Meal Choice 1	1 Beef Meatballs in a Tomato Sauce with Spaghetti		Halal
Meal Choice 2	Chicken Carbonara with Spaghetti		Halal
Meal Choice 3	Chicken Carbonara with Spaghetti		Non Halal
Meal Choice 4	Quorn Mince Balls in a Tomato Sauce with Spaghetti		Vegetarian
Meal Choice 5	Baked Jacket Potato with Salad and Beans		Gluten/Dairy Free
Vegetables	Sweetcorn and Green Beans		
Dessert Choice	Fruit Tarts	Fresh	Fruit and Yoghurts
THURSDAY			
Meal Choice 1	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy		Halal
Meal Choice 2	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy		Non Halal
Meal Choice 3	Vegetable Tart		Vegetarian
Meal Choice 4	Roast Chicken with Roast Potatoes and Gluten free Gravy		Gluten/Dairy Free
Vegetables	Roast Carrots and Green Cabbage		, ,
Dessert Choice	Vanilla Cheesecake	Fresh	Fruit and Yoghurts
FRIDAY			
Meal Choice 1	Fish Fingers or Battered Chicken with Oven Baked Potato	Wedne	es
Meal Choice 2	Beef Casserole with Rice		Halal
	Vegetable and Cheese Pasta Bake		Vegetarian
Meal Choice 3	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans		Gluten/Dairy Free
Meal Choice 3 Meal Choice 4			,,

#### Quote of the Week

"I've missed more than 9000 shots in my career. I've lost almost 300 games. 26 times, I've been trusted to take the game winning shot and missed. I've failed over and over and over again in my life. And that is why I succeed." - *Michael Jordan*.

