

## British Countryside

Continuing the popular "Getting to know the Great British Countryside" trips, and conscious that many students do not go away during the holidays, students spent a fun-filled day in the Chilterns in August.

The trip started with a walk in Hodgemoor woods and through maize crops. It is a-maize-ing (!!!) to have these crops towering above our heads!



The picturesque village of Chalfont St Giles hosted the next activity, the De Salis Duck Derby! Great competition as the numbered ducks progressed down a 400m water course down the River Misbourne. The stakes were high, and great fun was had by all!





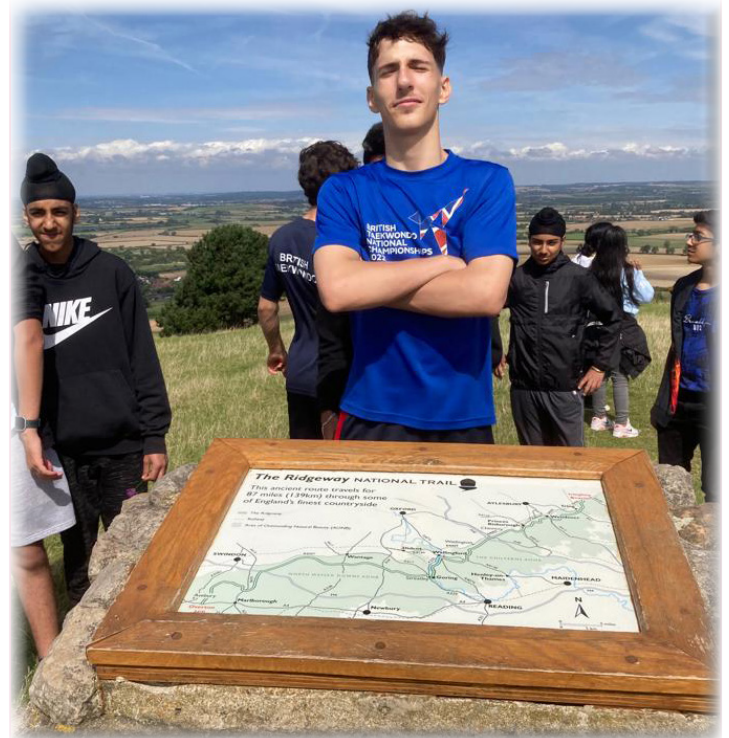


Onwards then for more river-dipping, but this time in the River Chess, in the stunning Chess valley. Ezra is clearly a fish whisperer as she managed to catch seven fish whilst no-one else caught any! It is easy to forget just how much entertainment can be provided with a fishing net and a bucket! Good old-fashioned FUN!



## British Countryside

The second trip that was organised in August took the students a little further through the Chilterns to Ivinghoe Beacon. This is the starting point for serious walkers who set off to walk The Ridgeway, a walk of 87 miles to Avebury in Wiltshire along the ridges of the chalk hills. Our hike was up to the highest point of Ivinghoe Beacon, which at 233m gives breath taking views over 6 counties.





After lunch, it was on to Pitstone Windmill, the oldest remaining windmill in Britain, before heading on to College Lake which afforded lots of bird-watching opportunities, and learning about wild flowers and farming methods.





## COLLEGE CAR PARK

We would like to remind parents, guardians and carers, that the car park on the College site are for the use of staff only. Use of this area for parking or turning any other vehicles around is strictly prohibited. This restriction is in place in order to minimise the risk of an accident involving children accessing and egressing the College. We thank you in advance for your cooperation in this matter.

## COLLEGE UNIFORM

College uniform plays a valuable role in supporting positive behaviour for learning. It is designed to instil a sense of pride, identity and belonging. All children are required to wear full college uniform when attending for normal lessons, college photographs, representing the College.

## URGENT ATTENTION – CHILD SAFETY!

Whilst we appreciate that parents, guardians and carers are often very busy rushing to pick up or drop off children to college, we must ask you to think carefully about where and how you park your vehicles. Unfortunately, inconsiderate parking by some is becoming a concern on Hewens Road as it is causing serious congestion and therefore is a hazard to children crossing the road at the beginning and end of the College day. Parking close to the College gates or double parking, may save a couple of minutes when dropping off or picking up your children, but it also increases the risk of an accident because it reduces the visibility of children crossing the road to access or leave college. Please park considerately and drive slowly when bringing your children to, or taking them home from college. We thank you for your cooperation in this matter.

## CHANGE OF CONTACT DETAILS

If you have changed your address or mobile number, please ensure that you let the College know with the updated contact details so that you will not miss out on any form of communication sent from the College. Thank you for your usual cooperation.

## ONLINE SAFETY

Online Safety is an important part of keeping children safe at College. In an ever-changing world, ensuring students' safety online has never been more important. As we continue to promote positive use of technology to ensure the safety of all our students, we kindly advise all parents, guardians and carers to educate their children on the importance of making positive and informed choices whilst online. Please ensure you are maintaining open and regular conversations with your child about what they are doing online and who they are interacting with. Please visit <https://nationalonlinesafety.com/training> where you will have access to a number of safety guides for the appropriate use of social media platforms such as TikTok and Instagram, video conferencing software such as Microsoft Teams, and popular gaming consoles.

	Week Commencing: <i>Monday 11th September</i>	
MENU 1		
MONDAY		
Meal Choice 1	Lamb Curry with Rice	Halal
Meal Choice 2	Teriyaki Chicken with Rice	Halal
Meal Choice 3	Teriyaki Chicken with Rice	Non Halal
Meal Choice 4	Baked Jacket Potato with Various Fillings	Vegetarian
Meal Choice 5	Gluten free Chicken Goujons with Potatoes and Beans	Gluten/Dairy Free
Vegetables	Sweetcorn and Green Beans	
Dessert Choice	<i>Strawberry Ice Cream and Fresh Strawberries</i>	<i>Fresh Fruit and Yoghurts</i>
TUESDAY		
Meal Choice 1	Spaghetti Bolognese	Halal
Meal Choice 2	Tandoori Chicken Breast with White Rice	Halal
Meal Choice 3	Tandoori Chicken Breast with White Rice	Non Halal
Meal Choice 4	Ratatouille Spaghetti	Vegetarian
Meal Choice 5	Bolognese with Gluten free Pasta	Gluten/Dairy Free
Vegetables	Carrots, Peas and White Cabbage	
Dessert Choice	<i>Jam Sponge</i>	<i>Fresh Fruit and Yoghurts</i>
WEDNESDAY		
Meal Choice 1	Tuna Pasta Bake	
Meal Choice 2	Chicken Tikka Masala with Rice	Halal
Meal Choice 3	Chicken Tikka Masala with Rice	Non Halal
Meal Choice 4	Macaroni Cheese	Vegetarian
Meal Choice 5	Lightly Spiced Chicken Breast with Rice	Gluten/Dairy Free
Vegetables	Broccoli and Cauliflower Florets	
Dessert Choice	<i>Lemon Tart</i>	<i>Fresh Fruit and Yoghurts</i>
THURSDAY		
Meal Choice 1	Mexican Chilli Mince Wraps	Halal
Meal Choice 2	Roast Turkey with Onion Gravy, Roast Potatoes and Stuffing	Halal
Meal Choice 3	Roast Turkey with Onion Gravy, Roast Potatoes and Stuffing	Non Halal
Meal Choice 4	Cauliflower and Broccoli Cheese Bake	Vegetarian
Meal Choice 5	Turkey Escalope with Potatoes and Gluten free Gravy	Gluten/Dairy Free
Vegetables	Mushy Peas and Sweetcorn	
Dessert Choice	<i>Strawberry Jelly</i>	<i>Fresh Fruit and Yoghurts</i>
FRIDAY		
Meal Choice 1	Fish Fingers with Oven Baked Potato Wedges	
Meal Choice 2	Tomato Pasta Bake	Vegetarian
Meal Choice 3	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/Dairy Free
Vegetables	Baby Carrots and Peas	
Dessert Choice	<i>Fresh Fruit Salad</i>	<i>Fresh Fruit and Yoghurts</i>
<i>Please note that all main meals are served with Fresh Vegetables of the Day, Homemade Soup of the Day and Baked Jacket Potato with Filling, are available daily</i>		

## Quote of the Week

"Education is for improving the lives of others and for leaving your community and world better than you found it" - *Marian Wright Edelman.*

 <h2>September 2023</h2>	
<b>September</b>	
Thursday 13th	Royal Dahl's Birthday
Monday 18th	National Coding Week
	Recycling Week
Thursday 21st	International Day of Peace
	National Fitness Day