

## Epping Forest Trip

On Tuesday 11th April, the Year 11 Geography students went on a field trip to the Epping Forest Field Centre to fulfil the requirement for their Edexcel B specification. The focus of this trip was to examine the features of the Loughton Brook and the flood risks posed at selected sites along the river's course. The students were given the opportunity to measure the variables: stream width, depth and velocity. They worked in small groups and completed the assigned tasks, including measurements, drawing sketches of the sites and estimating flood risks for each. The day's activities included classroom an introductory session, an extensive trek through the forest to the specific sites for measurements, as well as group discussions. The trip was ably conducted by the Field Studies Council, whose staff member was very knowledgeable and actively engaged the students throughout the day in all activities.





## College Uniform

The College uniform plays a valuable role in supporting positive behaviour for learning and contributes to the ethos of the College. It is designed to instil a sense of pride, identity and belonging. All students are required to wear full college uniform when attending college for normal lessons, representing their college, or when participating in a college event outside normal college hours and on educational trips and visits.

## Attendance

We would like to remind parents, guardians and carers that research shows there is a clear link between the attendance rate of students and their level of attainment. Please support your child to attend regularly by ensuring that any medical or other appointments are organised out of college hours. The expectation of the governing body is that all students will achieve a minimum annual attendance rate of 96%. The only circumstances in which absence from college will be authorized are when your child is too ill to attend or permission for leave of absence, due to exceptional circumstances, has been received from the Principal.

## Home/College Communication

We believe that strong communication links between the College and parents, guardians and carers are vital in supporting students in achieving their personal best. Research has shown that students' academic progress and achievements are significantly influenced by the extent of parental involvement and interest in their education. The College communicates with parents, guardians and carers in a variety of different ways:

- Verbal: in meetings, by telephone
- Events: information evenings, open evening, academic tutoring
- Written: letters, notes in planners, newsletters
- Electronic: notices posted on the College website, text messages and email

if you have any suggestions for further improving communications, please let us know as we are always receptive to new ideas and initiatives.

## Student Welfare - Health Care Plans

If your child has a condition, allergy or illness that requires regular long-term medication/care or requires staff to take urgent action when certain conditions apply, please make immediate contact with your child's Alliance Director. Arrangements will then be put in place as a matter of priority for a Health Care Plan to be agreed with you and put in place. The plan will detail the level of support that is needed for your child whilst at college.

## Leading Parent Partnership Award (LPPA)

The college continues to work towards its LPPA reaccreditation, building on its existing work with parents, guardians and carers. If you would like to be part of our LPPA working party or would like to give us some feedback about the different ways in which we communicate with parents, guardians and carers, please let us know via reception.

	Week Commencing: <i>Monday 24th April</i>	
	<b>MENU 4</b>	

MONDAY		
Meal Choice 1	Beef Lasagne with Fresh Salad	Halal
Meal Choice 2	Spaghetti Bolognese	Halal
Meal Choice 3	Spaghetti Bolognese	Non Halal
Meal Choice 4	Mediterranean Pasta Bake	Vegetarian
Meal Choice 5	Bolognese with Gluten free Pasta	Gluten/Dairy Free
Vegetables	Broccoli and Cauliflower Florets	
Dessert Choice	Raspberry Jelly	Fresh Fruit and Yoghurts
TUESDAY		
Meal Choice 1	Chicken Sausages with Mashed Potatoes and Onion Gravy	Halal
Meal Choice 2	Beef Tikka Masala with Rice	Halal
Meal Choice 3	Beef Tikka Masala with Rice	Non Halal
Meal Choice 4	Vegetarian Sausages with Mashed Potatoes and Onion Gravy	Vegetarian
Meal Choice 5	Gluten free Pork Sausages with Mashed Potatoes without Milk or Butter	Gluten/Dairy Free
Vegetables	Carrots and Green Cabbage	
Dessert Choice	Jam and Coconut Sponge	Fresh Fruit and Yoghurts
WEDNESDAY		
Meal Choice 1	Chicken New Yorker with Jacket Potato	Halal
Meal Choice 2	Diced Lamb with Noodles and Vegetable Stir Fry	Halal
Meal Choice 3	Diced Lamb with Noodles and Vegetable Stir Fry	Non Halal
Meal Choice 4	Vegetable Stir Fry with Noodles	Vegetarian
Meal Choice 5	Diced Lamb with Vegetable Stir Fry	Gluten/Dairy Free
Vegetables	Sweetcorn and Green Beans	
Dessert Choice	Vanilla Ice Cream with Peaches	Fresh Fruit and Yoghurts
THURSDAY		
Meal Choice 1	Mexican Chilli Mince Wraps	Halal
Meal Choice 2	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	Halal
Meal Choice 3	Roast Chicken with Roast Potatoes, Stuffing and Onion Gravy	Non Halal
Meal Choice 4	Cheese and Onion Tart	Vegetarian
Meal Choice 5	Roast Chicken with Roast Potatoes and Gluten free Gravy	Gluten/Dairy Free
Vegetables	Peas and White Cabbage	
Dessert Choice	Chocolate Sponge	Fresh Fruit and Yoghurts
FRIDAY		
Meal Choice 1	Fish Cakes with Potato Wedges	
Meal Choice 2	Fish Fingers with Potato Wedges	
Meal Choice 3	Macaroni Cheese	Vegetarian
Meal Choice 4	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/Dairy Free
Vegetables	Roast Carrots and Cauliflower	
Dessert Choice	Custard Tart	Fresh Fruit and Yoghurts
Please note that all main meals are served with Fresh Vegetables of the Day. Homemade Soup of the Day and Baked Jacket Potato with Filling, are available daily		

 <h1>April 2023</h1>		
MARCH		
Monday 17th	1:30 to 6:00pm	Academic Tutoring - Key Stage 3 and Post 16
Tuesday 18th	1:30 to 6:00pm	Academic Tutoring - Key Stage 4
Friday 21st	9:30am	John McDonnell Visit
Thursday 27th	All Day	NHS Nurse Visit