

Enrichment Week

Whilst Enrichment week is used for catch up and booster sessions, it's also a way to further students interests and personal development, that's why we offer CPR courses and countryside trips, along with new ways of learning. This enrichment week was no exception! Students taking the CPR course got the chance to see a real-life defibrillator, whilst Criminology students played a game of 'water pong' where they aimed to get the ping-pong ball into the other team's cup - each time they missed, the other team would ask them an assessment question. This gave students the opportunity to build on their teamwork whilst learning valuable revision and study skills.



Leading Parent Partnership Award (LPPA)

The College continues to work towards its LPPA reaccreditation. Our coordinator is Mrs Gallimore. Please be on the look-out for updates about our LPPA journey!



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Hillingdon Warm Welcome Centres

Hillingdon's libraries and some faith and community buildings are offering residents a warm and friendly place to enjoy some company, buy a hot drink and get help and advice on how to stay warm and healthy during the colder winter days. Find your local Hillingdon Warm Welcome Centre and access the Winter Wellness Directory*, a useful guide to help you stay well throughout the colder months at: (<https://www.hillingdon.gov.uk/warm-welcome-centres>)



Hillingdon's Warm Welcome Centres

Helping you stay warm and well this winter







www.hillingdon.gov.uk/warm-welcome-centres

	Week Commencing: Monday 20th February MENU 1
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MONDAY		
Meal Choice 1	Lamb Curry with Rice	Halal
Meal Choice 2	Teriyaki Chicken with Rice	Halal
Meal Choice 3	Teriyaki Chicken with Rice	Non Halal
Meal Choice 4	Baked Jacket Potato with Various Fillings	Vegetarian
Meal Choice 5	Gluten free Chicken Goujons with Potatoes and Beans	Gluten/Dairy Free
Vegetables	Sweetcorn and Green Beans	
Dessert Choice	Strawberry Ice Cream and Fresh Strawberries	Fresh Fruit and Yoghurts
TUESDAY		
Meal Choice 1	Spaghetti Bolognese	Halal
Meal Choice 2	Tandoori Chicken Breast with White Rice	Halal
Meal Choice 3	Tandoori Chicken Breast with White Rice	Non Halal
Meal Choice 4	Ratatouille Spaghetti	Vegetarian
Meal Choice 5	Bolognese with Gluten free Pasta	Gluten/Dairy Free
Vegetables	Carrots, Peas and White Cabbage	
Dessert Choice	Jam Sponge	Fresh Fruit and Yoghurts
WEDNESDAY		
Meal Choice 1	Tuna Pasta Bake	
Meal Choice 2	Chicken Tikka Masala with Rice	Halal
Meal Choice 3	Chicken Tikka Masala with Rice	Non Halal
Meal Choice 4	Macaroni Cheese	Vegetarian
Meal Choice 5	Lightly Spiced Chicken Breast with Rice	Gluten/Dairy Free
Vegetables	Broccoli and Cauliflower Florets	
Dessert Choice	Lemon Tart	Fresh Fruit and Yoghurts
THURSDAY		
Meal Choice 1	Mexican Chilli Mince Wraps	Halal
Meal Choice 2	Roast Turkey with Onion Gravy, Roast Potatoes and Stuffing	Halal
Meal Choice 3	Roast Turkey with Onion Gravy, Roast Potatoes and Stuffing	Non Halal
Meal Choice 4	Cauliflower and Broccoli Cheese Bake	Vegetarian
Meal Choice 5	Turkey Escalope with Potatoes and Gluten free Gravy	Gluten/Dairy Free
Vegetables	Mushy Peas and Sweetcorn	
Dessert Choice	Strawberry Jelly	Fresh Fruit and Yoghurts
FRIDAY		
Meal Choice 1	Fish Fingers with Oven Baked Potato Wedges	
Meal Choice 2	Tomato Pasta Bake	Vegetarian
Meal Choice 3	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/Dairy Free
Vegetables	Baby Carrots and Peas	
Dessert Choice	Fresh Fruit Salad	Fresh Fruit and Yoghurts
<i>Please note that all main meals are served with Fresh Vegetables of the Day. Homemade Soup of the Day and Baked Jacket Potato with Filling, are available daily</i>		



February 2023

FEBRUARY		
Monday 20th	5:15pm	France and Belgium Trip Meeting
Monday 20th to Friday 24th	Selected Times	Post 16 Trial Examinations
Thursday 23rd	9:00am to 3:00pm	Careers Army Visit
Monday 27th	All Day	Year 8 Transition Day
Tuesday 28th	All Day	Year 8 Transition Day
MARCH		
Wednesday 1st	Selected Times	Year 11 Trial Examinations Begin