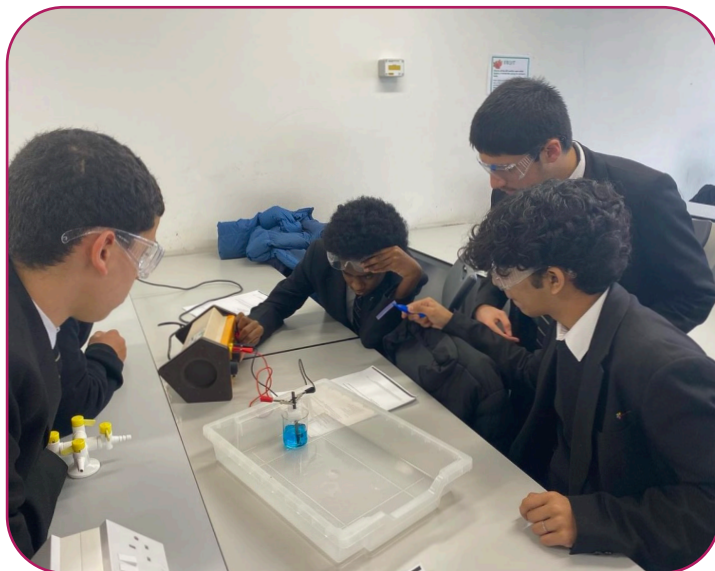
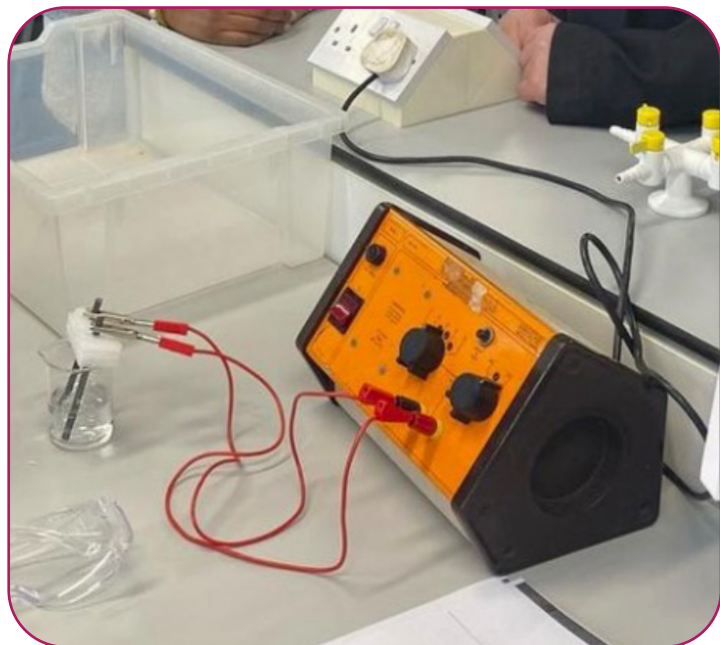
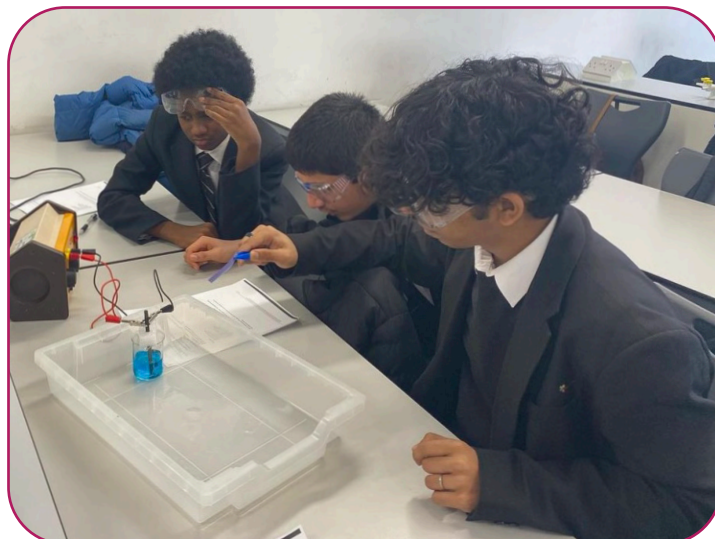


## Science Experiments

Electrolysis of copper (II) sulphate solution was all the rage this Friday amongst our scientifically inclined Year 10 students. In this science experiment, students learnt that during the electrolysis of aqueous copper sulphate using copper electrodes, copper ions are generated at the anode, that go into the copper sulphate solution used as electrolyte. Next the copper ions from the electrolyte are deposited at the cathode. Experiments are a fun way to put learning into real life, and allow students to be hands on when testing their theories.



## Free School Meals

'Free School Meals' is a statutory means-tested benefit, which provides a child with meals at school for free. If you believe your child may be newly entitled to this benefit, or if they received it last year and you would like to reapply, please attend the College Reception and request an application form.

The College Reception will also be able to advise any parents, guardians or carers who are unfamiliar with the process for claiming 'Free School Meals'. The Free School Meals benefit does not automatically renew; it must be reapplied for each academic year. It is important to note that until your child has been confirmed as receiving the Free School Meals benefit, their school lunches must be paid for.

## Health and Hygiene

During the winter months, colds, flus and other infections and illnesses tend to be more prevalent. Therefore, helping your child to keep a good standard of hygiene by washing their hands regularly, using tissues when sneezing and covering their mouths when coughing helps to prevent the spread of infections and illnesses. If your child has suffered from a vomiting virus, please ensure that they remain absent from college for 48 hours from the last episode of diarrhea or vomiting as advised by Public Health England.

## Student Welfare - Health Care Plans


If your child has a condition, allergy or illness that requires regular long-term medication/care or requires staff to take urgent action when certain conditions apply, please make immediate contact with your child's Alliance Director. Arrangements will then be put in place as a matter of priority for a Health Care Plan to be agreed with you and put in place. The plan will detail the level of support that is needed for your child whilst at college.

## Attendance

We would like to remind parents, guardians and carers that research shows there is a clear link between the attendance rate of students and their level of attainment. Please support your child to attend regularly by ensuring that any medical or other appointments are organised out of college hours. The expectation of the governing body is that all students will achieve a minimum annual attendance rate of 96%. The only circumstances in which absence from college will be authorized are when your child is too ill to attend or permission for leave of absence, due to exceptional circumstances, has been received from the Principal.

## School Nurse Drop-In Sessions

As part of the partnership agreement with the School Nurse Team, we are proud to advertise regular Drop-in sessions. Drop-In sessions will be available to all students who may have any concerns or issues such as physical, mental or emotional wellbeing. Should students wish to book in with the school nurse, they can visit Ms Jones to make an appointment.


	<b>Week Commencing: Monday 13th February</b>	
<b>SPECIAL MENU</b>		
<b>MONDAY</b>		
Meal Choice 1	Chicken Goujons with Potato Wedges, Beans and Vegetables	Halal
Meal Choice 2	Chicken Goujons with Potato Wedges, Beans and Vegetables	Non Halal
Meal Choice 3	Cheese and Onion Quiche with Potato Wedges, Beans and Vegetables	Vegetarian
Meal Choice 4	Baked Jacket Potato with Various Fillings	Vegetarian
<b>TUESDAY</b>		
Meal Choice 1	Macaroni Cheese and Vegetables	Vegetarian
Meal Choice 2	Baked Jacket Potato with Various Fillings	Vegetarian
<b>WEDNESDAY</b>		
Meal Choice 1	Baked Jacket Potato with Various Fillings	Vegetarian
<b>THURSDAY</b>		
Meal Choice 1	Chicken Sausages with Sliced Potatoes and Beans	Halal
Meal Choice 2	Pork Sausages with Sliced Potatoes and Beans	Non Halal
Meal Choice 3	Vegetarian Sausages with Sliced Potatoes and Beans	Vegetarian
Meal Choice 4	Baked Jacket Potato with Various Fillings	Vegetarian
<b>FRIDAY</b>		
Meal Choice 1	Fish Fingers with Oven Cooked Chips and Beans	
Meal Choice 2	Guorn Nuggets with Oven Cooked Chips and Beans	Vegetarian
Meal Choice 3	Baked Jacket Potato with Various Fillings	Vegetarian
<i>The daily dessert choices will be as follows: Fresh Fruit, Yoqurt, Jelly or Ice Cream pots</i>		

## E-Safety

The internet is an amazing resource, which enables students to connect, communicate and be creative in a number of different ways on a range of devices. However, students need constant advice and protection when it comes to managing their time online. They need strict guidance to positively and safely access information on the internet, communicate via social networks, use applications and play games. At college, students' online activity is monitored very closely and strict software security programmes are installed to prevent students accessing inappropriate content. We advise parents, guardians and carers to reinforce the important message of staying safe online when they are at home. Please ensure your children understand the rules you put in place to keep them safe. Talk to them on a regular basis about what they are looking at online and ensure that you install appropriate software to support and manage your child's safe use of the internet. Keep your child safe online!

## Quote of the Week

"Adversity creates opportunities for success."  
- Deondria Cantrice



# February 2023

FEBRUARY		
Wednesday 15th	10:30am	School Nurse Drop-in Session
Friday 17th	All Day	Random Acts of Kindness Day
Monday 20th to Friday 24th	Selected Times	Post 16 Trial Examinations
Thursday 23rd	9:00am to 3:00pm	Careers Army Visit