

## De Salis Countryside Trip

Year 9 and 11 students each went on their termly countryside walk. Students in Year 9 set off across the rolling Chiltern Hills where they saw the impact that the HS2 project is having on this Area of Outstanding Natural Beauty, and visited a farm where the new-born piglets quickly became a firm favourite, meanwhile Year 11 students were blessed with an equally beautiful day, and having hiked across open countryside, began their climb up the Beacon. Once at the top, they were rewarded by a breath-taking view, three counties of Buckinghamshire, Bedfordshire and Hertfordshire spread out beneath them.



Whilst out on their countryside walk, Year 11 students joined in a workshop of volunteers from the Chiltern Society, helping to dig up young blackthorn trees which would then be fed to the elephants and giraffes at Whipsnade Zoo, located on the opposite hillside. Apparently, this is one of their favourite snacks!





## Year 11 Higher Education Fair

On Tuesday 18th October, from 9:00 to 11:00am, Year 11 students will get the chance to meet with local Higher Education providers to discuss next steps after Year 11 and the opportunities that may be available to them. Our Higher Education Fairs always prove to be a success and this one will be no exception.

## Year 10 R2S Workshop

On Tuesday 18th October, female students in Year 10 will take part in the R2S Self Care Workshop. Students will learn the importance of self-confidence and self-care with tailored talks and true story scenarios.

## Mobile Telephones

Whilst the College accepts that some parents, guardians and carers wish their child to carry a mobile telephone for reasons of personal safety as they travel to and from college, they must remain switched off and kept out of sight during the College day. Please note that the College will not accept liability for the safe keeping of a mobile phone; it will remain the responsibility of the student at all times. Use of a mobile phone during college hours will lead to sanctions being imposed, up to and including confiscation.

## Student Welfare - Medication in College

Please note that students are not permitted to carry any medication (with the exception of inhalers for asthma or Health Care Plan specified medication) whilst in college. This is to ensure the safety and wellbeing of all students.

If you wish your child to take prescribed medicine such as antibiotics, or other non-prescribed medication, such as paracetamol, during the College day, please contact the College reception for an 'Administration of Medicines and Treatment Consent Form'. The form should be completed and signed by you and returned to reception together with the medication clearly marked with your child's name and form group.

## Leave of Absence

Student absence during term time will only be approved in exceptional circumstances. Any planned term time leave of absence in such circumstances, must be requested in writing to the Principal prior to any travel arrangements being made. If the absence is not approved, but taken, it will be recorded as unauthorised. Please be aware that unauthorised absences could result in the issue of a fixed penalty fine and/or prosecution by the Local Authority.


## College Drop off and Collection

Please can we remind parents, guardians and carers not to block the pavements outside or opposite the College as on occasions, our students and other pedestrians have had to walk on the road as a consequence, which is very dangerous. We appreciate that these are exceptional times in terms of managing access to the schools, however please can we request all parents, guardians and carers to be mindful of others when dropping and collecting children. Thank you.

	<b>Week Commencing: Monday 17th October</b>	
<b>MENU 3</b>		
<b>MONDAY</b>		
Meal Choice 1	Chilli Con Carne with Pitta Bread or Rice	Halal
Meal Choice 2	Chicken Sausages with Mashed Potatoes and Onion Gravy	Halal
Meal Choice 3	Chicken Sausages with Mashed Potatoes and Onion Gravy	Non Halal
Meal Choice 4	Vegetarian Sausages with Mashed Potatoes and Onion Gravy	Vegetarian
Meal Choice 5	Gluten free Pork Sausages with Mashed Potatoes without Milk or Butter	Gluten/Dairy Free
Vegetables	Carrots and Green Cabbage	
Dessert Choice	Orange Jelly	Fresh Fruit and Yoghurts
<b>TUESDAY</b>		
Meal Choice 1	Chicken Tikka Masala with Rice	Halal
Meal Choice 2	Beef Lasagne with Fresh Salad	Halal
Meal Choice 3	Beef Lasagne with Fresh Salad	Non Halal
Meal Choice 4	Vegetarian Lasagne with Fresh Salad	Vegetarian
Meal Choice 5	Minced Beef with Gluten free Pasta	Gluten/Dairy Free
Vegetables	Broccoli and Cauliflower Florets	
Dessert Choice	Chocolate Mousse	Fresh Fruit and Yoghurts
<b>WEDNESDAY</b>		
Meal Choice 1	Lamb Koftas with Rice and a Yogurt and Cucumber Dip	Halal
Meal Choice 2	Barbecue Grilled Chicken Breast with Rice	Halal
Meal Choice 3	Barbecue Grilled Chicken Breast with Rice	Non Halal
Meal Choice 4	Chickpea and Lentil Curry	Vegetarian
Meal Choice 5	Barbecue Grilled Chicken Breast with Rice	Gluten/Dairy Free
Vegetables	French Beans and Sweetcorn	
Dessert Choice	Apple Crumble	Fresh Fruit and Yoghurts
<b>THURSDAY</b>		
Meal Choice 1	Cajun Chicken in a Ciabatta Roll with Oven Cooked Potato Slices and Tomato Salsa	Halal
Meal Choice 2	Cajun Chicken in a Ciabatta Roll with Oven Cooked Potato Slices and Tomato Salsa	Non Halal
Meal Choice 3	Roast Mediterranean Vegetables in Pitta Bread with Oven Cooked Potato Slices and Tomato Salsa	Vegetarian
Meal Choice 4	Cajun Chicken with Oven Cooked Potato Slices and Tomato Salsa	Gluten/Dairy Free
Vegetables	Baby Carrots and Peas	
Dessert Choice	Vanilla Sponge with a Pineapple Ring and a Cherry	Fresh Fruit and Yoghurts
<b>FRIDAY</b>		
Meal Choice 1	Fish Fingers with Oven Baked Potato Wedges	
Meal Choice 2	Salmon and Dill Fishcakes with Potato Wedges	
Meal Choice 3	Chicken Fillet with Potato Wedges	Halal
Meal Choice 4	Gluten free Fish Fingers with Gluten free Potato Wedges and Beans	Gluten/Dairy Free
Vegetables	Broccoli and Mushy Peas	
Dessert Choice	Chocolate Brownie Tray Bake	Fresh Fruit and Yoghurts
<i>Please note that all main meals are served with Fresh Vegetables of the Day. Homemade Soup of the Day and Baked Jacket Potato with Filling, are available daily</i>		

## Quote of the Week

"Be more concerned with your character than your reputation, because your character is what you really are, while your reputation is merely what others think you are." - John Wooden



# OCTOBER 2022

OCTOBER		
Tuesday 18th	9:00 to 11:00am	Year 11 Higher Education Fair
	9:00 to 11:00am	Year 10 R2S Workshop 2:00 to 3:00pm